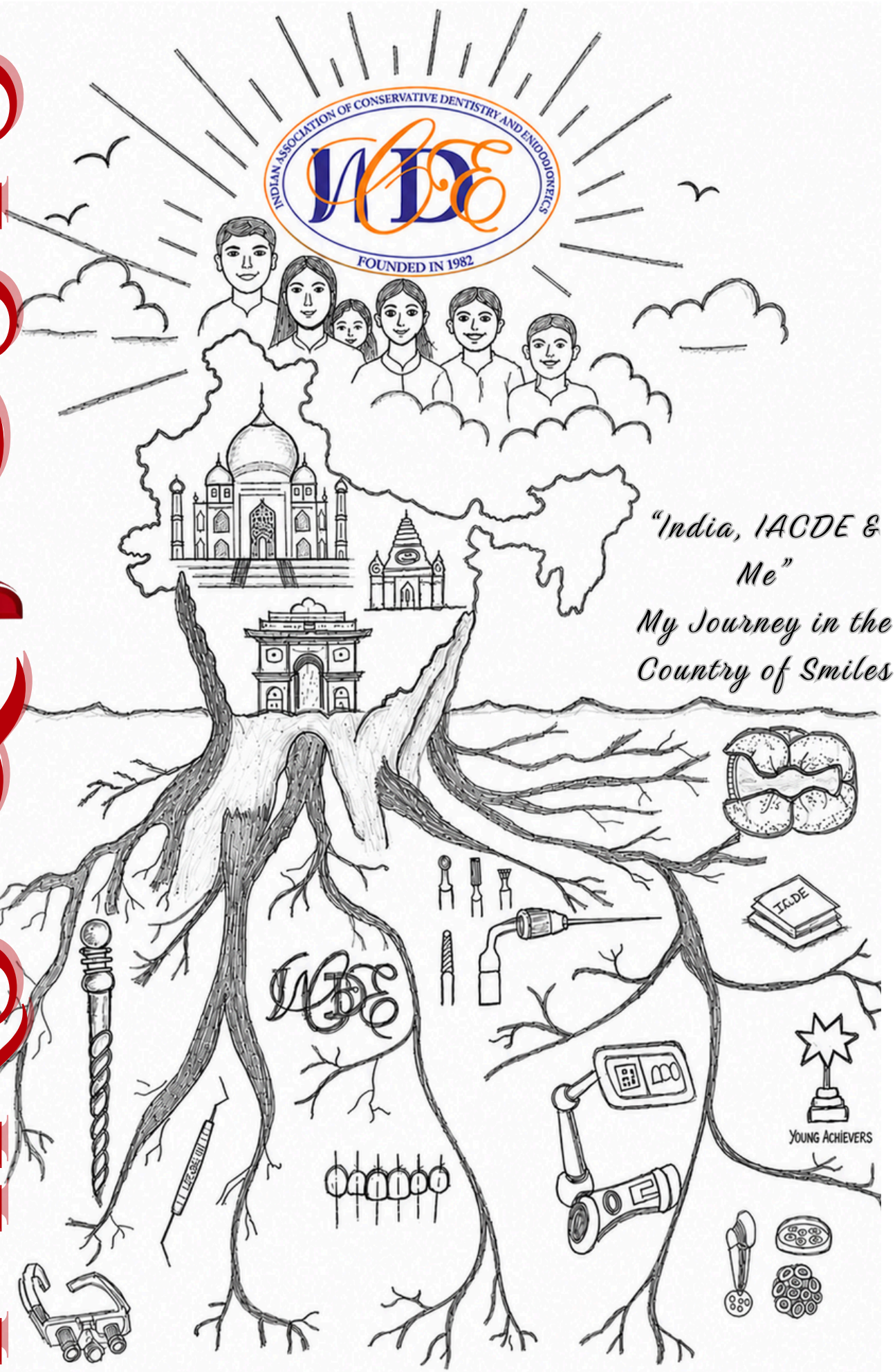
VOL. 11, ISSUE 2 APRIL '26 - JULY '26

PINS & POSTS



The Official Newsletter of IACDE ISSN 2456-2041

ROOTS

THAT STRENGTHEN A NATION

KNOWLEDGE • SKILL • SERVICE • SMILES



Just as strong roots support a thriving tree, strong fundamentals in dentistry sustain a healthier society.

DR. PATANKAR VAISHNAVI RATNAKAR
ASSISTANT PROFESSOR

DR. G. D POL DENTAL COLLEGE AND HOSPITAL, PG INSTITUTE, KHARGHAR, NAVI MUMBAI

This artwork symbolizes the strength of dentistry through the metaphor of roots. The tooth represents India, while its roots extend deep like a tree, reflecting the foundational role of endodontics in preserving oral health. Each root signifies knowledge, skill, and the contribution of dental professionals nurtured under IACDE. Just as strong roots support a thriving tree, strong fundamentals in dentistry sustain a healthier society. This piece reflects my journey of growing deeper in knowledge while contributing to the larger goal of creating a nation full of confident smiles.

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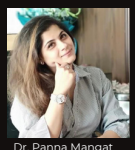
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Message from Vice President

I am happy to propose my message through this newsletter as Vice President of our esteemed organization.
Our specialty stands at an exciting moment—where science, skill, and imagination can genuinely reshape the way we serve our profession. As we move forward, my vision is clear: strengthen academic excellence, encourage innovation, and build a collaborative culture that lifts every member of our association and society as a whole

I have always believed in the power of one strong and a united association. When we pool our collective talent under a single umbrella, we streamline our voice, sharpen our focus, and create greater opportunities for learning, advocacy, and professional growth.

Unity is not just an organisational stance—it is a strategic advantage.
As specialists, our responsibility extends beyond clinics and conferences. A united IACDE can play a larger role in societal welfare—through public awareness initiatives, outreach programs, and by ensuring that quality, ethical endodontic care reaches more people across the country.
Together, let us build a future that benefits our members, strengthens our specialty, and contributes meaningfully to the society we serve.



Dr. Sachin Passi
CEO
Dental Wellness Centres

Message from Vice President

We, as Conservative Dentists and Endodontists, can proudly affirm our role as the true "Keepers of the Natural Dentition". We lay and continually strengthen the very foundation upon which oral form and function stand. We treat, preserve, protect, and prolong the life of every tooth entrusted to our care.

Our discipline is distinguished by its remarkable depth, precision, and ever-evolving scope—from prevention and minimally invasive dentistry to restoring teeth, safeguarding pulp vitality, performing endodontic therapy, and ensuring post-endodontic rehabilitation. Our expertise further extends into aesthetic and functional rehabilitation, endo-perio management, and surgical procedures. Every step we take is guided by a deep understanding of the biology, biomechanics, and long-term prognosis of the tooth.

Nobody understands a tooth the way we do—dynamic, intricate, and worthy of preservation at every stage. No other field engages so closely with both the microscopic intricacies and the broader responsibilities of dental care.

It is truly an inspiring and privileged time to belong to the esteemed association of Conservative Dentistry and Endodontics. The Indian Association of Conservative Dentistry and Endodontics (IACDE) stands as a strong pillar of our speciality, bringing together clinicians, academicians, and researchers under a shared vision. It fosters academic excellence and provides a platform for learning, collaboration, and the continuous advancement of our field.

In an era where distances are shrinking and ideas travel instantly, marked by rapid technological advancement and increasing patient awareness, we must continue to evolve, embrace new technologies, and adapt to changing patient needs —while striving for excellence in both scientific knowledge and patient care.



Dr. Mamta Kaushik
Principal, Professor & HOD
Army College of Dental Sciences
Secunderabad, Telangana

Message from Vice President

"One Platform, Many Voices: Strengthening IACDE"

My vision as Vice President of the Indian Association of Conservative Dentistry and Endodontics (IACDE) is centered on academic excellence, innovation, inclusivity, and equal opportunities for professionals across India. I believe the strength of a national professional body lies in uniting diverse regions, encouraging collaboration, and creating opportunities for every student, academician, and clinician to contribute meaningfully to our speciality.

Conservative Dentistry and Endodontics in India has progressed significantly in education, clinical practice, research, and technology. However, disparities in academic exposure, infrastructure, and professional opportunities still exist across regions. My vision is to bridge these gaps by creating a more accessible and balanced academic ecosystem.

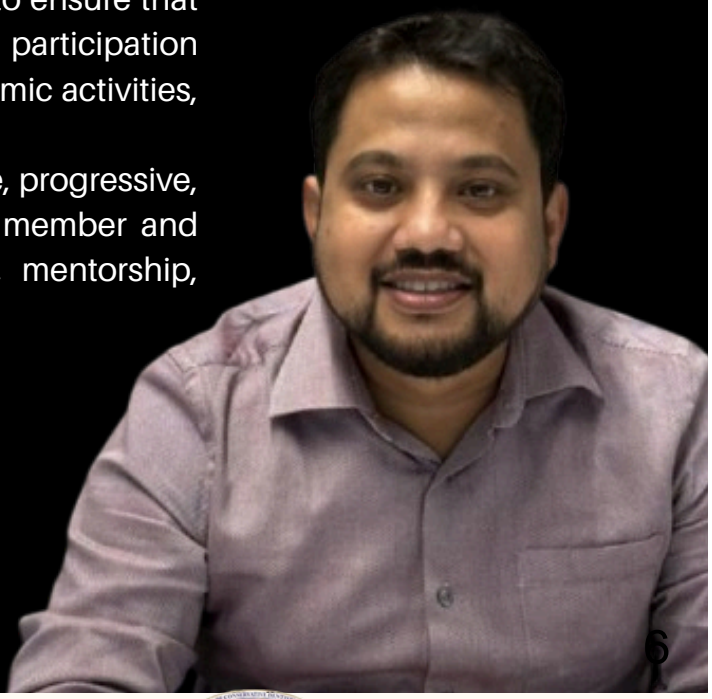
One of my key priorities is the decentralization of academic activities. Continuing Dental Education (CDE) programs, workshops, conferences, and hands-on training should reach professionals across the country rather than remain limited to a few major cities. Expanding such opportunities will encourage wider participation and strengthen regional academic platforms.

Mentorship is another important focus. Young dentists and postgraduate students often require guidance to achieve academic and clinical excellence. Strengthening mentorship within IACDE can connect experienced academicians and clinicians with early-career professionals, enhancing confidence, leadership, and active participation in the speciality.

Research and innovation are essential for the future of Conservative Dentistry and Endodontics. Encouraging collaborative research, promoting scientific publications, and strengthening evidence-based clinical practice will help Indian dentistry contribute more significantly at the global level.

Being from North East India, I understand the unique challenges and immense potential of the region. My vision is to ensure that every region progresses together, with stronger participation from the North East in national conferences, academic activities, and leadership roles.

In conclusion, my vision is to build a more inclusive, progressive, and future-oriented IACDE that empowers every member and strengthens every region through collaboration, mentorship, innovation, and national integration.



Dr. Mukut Seal

Associate Professor,
Department In-Charge
Govt. Dental College
Silchar, Assam

Message from Past President

Greetings to everyone
It gives me immense pleasure to pen down few thoughts for the IACDE Newsletter Pins and Posts in the capacity of Past President of IACDE.
Pins and Posts since its inception in April 2016 has been received well by all the members with its issues comprising educative articles on the contemporary topics, achievements published to motivate others to better themselves and the entertainment section to cater to all the members of IACDE.

I would like to congratulate all the Past Editors of Pins and Posts and wish Dr. Kanwalpreet all the best for her tenure as Editor.
Let " **Pins and Posts "** scale new heights in your tenure.

Always for the better of the Association.

Dr. Ratnakar P
Professor
S. Nijalingappa Institute of Dental Sciences & Research, Gulbarga, Karnataka



Message from Newsletter Editor

"Collective Voices, Harmonised Thoughts"

A supportive team fosters trust, learning, and shared growth—making the workplace truly fulfilling. Within IACDE, we continue to learn and grow together.

In this issue, I present the perspectives of my senior team editors, whose insights enrich our collective vision.



PINS & POSTS

Dr. Kanwalpreet Kaur Bhullar

Editor, Pins & Posts
Professor & HOD
Sri Guru Ram Das Institute of Dental Sciences & Research, Amritsar, Punjab

Message from Associate Editor

The revamped IACDE Newsletter marks an exciting new chapter with fresh faces, innovative features, and a renewed vision to provide a more holistic and engaging experience for our members and readers. This transformation reflects our commitment to evolving with time while preserving the academic excellence and professional spirit of IACDE.

Behind every meaningful change lies the strength of teamwork. The collaborative efforts of experienced mentors and enthusiastic young contributors have made this renewed edition possible. It is through shared ideas, mutual respect, and collective dedication that innovation truly takes shape.

Equally important is the orientation of our thought process. Innovation begins when we move beyond conventional boundaries and develop the courage to think out of the box. In today's rapidly evolving professional landscape, creativity, adaptability, and openness to new perspectives are essential for growth and progress.

This newsletter aims not only to inform, but also to inspire participation, exchange of ideas, and a spirit of continuous learning within the IACDE community. Together, let us continue to innovate, collaborate, and grow.



Dr. Paromita Mazumdar

Professor & HOD

Guru Nanak Institute of Dental Sciences & Research

Kolkata

Message from Associate Editor

It is a privilege and an honor to serve as the Associate Editor of PINS & POSTS, the newsletter of IACDE.

To me, this role is an opportunity to contribute, in my own small way, to an organization that has given so much to our specialty. Teamwork is the foundation of every successful organisation, and this newsletter is a result of the collective efforts of our editorial team, contributors, and members.

I am sincerely grateful to the Editor and the team for the trust they have placed in me. Our aim is to make PINS & POSTS reader-friendly, digitally accessible, and representative of the diverse talent within our fraternity.

We welcome contributions from students, clinicians, academicians, researchers, and entrepreneurs. Whether academic or non-academic, every contribution adds value and helps make this newsletter a true reflection of our members and their achievements.

We also welcome ideas and suggestions that can help us improve and evolve. Together, let us continue to create a platform that informs, inspires, and connects the IACDE family.



Dr. Sonali Kapoor

Dean, Professor & HOD

Manubhai Patel Dental College & Dental Hospital, Vadodara

Message from Executive Committee

First, I would like to thank the editorial team for the opportunity to share my thoughts and vision as an Executive member of IACDE through this platform.

It is a privilege to serve as an Executive Member of the Indian Association of Conservative Dentistry and Endodontics. IACDE has consistently contributed to strengthening academic standards and ethical clinical practice within our specialty.

As Conservative Dentistry and Endodontics continues to evolve, it is important for us to remain engaged with current knowledge, emerging techniques, and evidence-based practice. Active participation in academic initiatives, discussions, and collaborative learning plays a key role in advancing both individual growth and the collective progress of the association.

I look forward to contributing to the association's ongoing initiatives and working alongside fellow members to support the continued development of our specialty.



Dr. Adarsha M. S.

Professor & HOD

V.S. Dental College and Hospital, Bangalore

Dear IACDE Members and esteemed colleagues,

It is a privilege to address you as an Executive Committee Member. Together, we must embrace new opportunities and overcome challenges to strengthen our association. Our focus is on enhancing members' skills, expanding opportunities, and turning our network into meaningful collaborations that drive innovation.

IACDE will continue to support you through masterclasses, insights, and interactive forums that convert challenges into advantages. Your experience, ethics, and leadership remain invaluable to our collective growth.

I am committed to fostering open dialogue, decisive action, and mutual support. Let us think boldly, work with excellence, and uphold the highest standards as we shape the future of our profession.



Dr. Afsal A

Professor & HOD

PMS College of Dental Science & Research, Trivandrum

Message from Executive Committee

Warm Greetings to all,
It gives me immense pleasure to extend my heartfelt wishes to the editorial team on the release of this new edition of the IACDE newsletter.

I truly appreciate the dedication and hard work of the editorial team in bringing together content that is not only scientifically sound and scholarly but also creative and engaging. The academic updates from various institutions make it valuable for students, academicians and clinicians alike.

Pins & Posts has grown into a strong platform for meaningful communication, beautifully reflecting the vision, progress and activities of our association.
Let us continue to uphold the values of excellence that define us. Together we can further advance our specialty, strengthen our professional bonds and serve society with greater compassion.

With best wishes for continued success and good health to all.



Dr. Amandeep Singh Uppal
Associate Professor
Dr. Harvansh Singh Judge Institute of Dental Sciences & Hospital,
Panjab University, Chandigarh.

Let us stand with the true sense of 'one for all' celebrating each other's success stories as we embrace our journey through IACDE.
Let's make these years cherishable throughout life by instilling the best of each other's success and knowledge into our students and bringing the best of academicians into our field of work.



Dr. Debojyoti Mazumder
Reader
K.S.D. Jain Dental College and Hospital,
Kolkata

Message from Executive Committee

The strength of IACDE is the synergy of its members. By embracing new concepts, sharing knowledge, and supporting one another, we will continue to strengthen our speciality and deliver better care to the patients we serve.
Together, let us uphold the highest standards of ethical and evidence-based practice. The goal is to help our members grow academically and consistently upgrade their skills over time.



Dr. Gaurav Kulkarni
Reader
Terna Dental College, Navi Mumbai

Thank you, everyone, for re-electing me to the post of Executive Member of IACDE. I am highly indebted to all for the faith they placed in me.
In the coming days, I wish to see the outreach of IACDE involving more practitioners. Proper knowledge of today's advanced techniques will pave the way for future successful Conservative Dentists & Endodontists.
I wish our future endeavours will put emphasis on the role and importance of IACDE to the population specifically to the dental practitioners.



Prof. Dr. Lugu Buru Murmu
Professor
Dr. R. Ahmed Dental College, Kolkata

Message from Executive Committee

It is a privilege to serve as an Executive Committee Member of the Indian Association of Conservative Dentistry and Endodontics. My vision for our association is to foster a culture of academic excellence, ethical practice, innovation, and continuous learning among all members.

I believe that together we can strengthen our speciality by encouraging scientific research, clinical excellence, and meaningful collaboration between students, academicians, and practitioners.

I would especially encourage our student members to actively participate in the various scientific and academic competitions organised by the association. These platforms provide invaluable opportunities to learn, showcase talent, exchange ideas, and build confidence for the future.

Let us continue to work together with dedication, unity, and a shared commitment towards excellence in Conservative Dentistry and Endodontics.



Dr. Padmini Chandrashekhar
Reader
Terna Dental College, Navi Mumbai

It is indeed a privilege to contribute to Pins & Posts, the official voice of IACDE. As we continue to advance in the field of Conservative Dentistry and Endodontics, it becomes increasingly important for us to stay rooted in strong scientific principles while embracing innovation and evolving clinical practices.

I believe that our collective growth lies in fostering a culture of continuous learning, critical thinking, and collaboration among members. Platforms like this newsletter play a vital role in connecting ideas, sharing knowledge, and inspiring both young and experienced clinicians alike.

I extend my best wishes to the Editorial Team for their dedicated efforts in bringing out yet another insightful issue, and to all members for their continued commitment to excellence in our speciality.



Dr. Panna Mangat
Professor & HOD
Kalka Dental College, Meerut.

Message from Previous Editor

Dear Members,

Serving as the Newsletter Editor for the Indian Association of Conservative Dentistry and Endodontics over two consecutive terms (2021-2023 and 2023-2025) has truly been one of the most cherished and fulfilling experiences of my professional life.

When I first took on this responsibility, I saw it as an opportunity to contribute to our association. But over time, it became so much more — a journey filled with learning, meaningful connections, creative exploration, and immense personal growth. Every issue carried not just articles and updates, but the collective passion, knowledge, and spirit of our fraternity.

I fondly remember the excitement behind planning each edition, the challenge of bringing together diverse voices and ideas, and the satisfaction of seeing the newsletter gradually evolve into a more vibrant, engaging, and inclusive platform. The enthusiastic participation of students, young professionals, teachers, and colleagues from across the country made this journey especially rewarding for me.

Of course, there were moments of pressure, deadlines, and challenges behind the scenes, but what always kept me going was the encouragement and support I received from this wonderful community. For that, I remain deeply grateful.

I sincerely thank every contributor, reviewer, office bearer, colleague, and reader who trusted me, supported me, and became a part of this journey. Each interaction, contribution, and word of encouragement added meaning to these years and made this experience truly unforgettable.

As I now hand over this responsibility, I do so with immense gratitude, pride, and confidence that the present editorial team will continue to take the newsletter to even greater heights while preserving the warmth, integrity, and vision of our association.

Thank you for making this journey so memorable and close to my heart.



Dr. Rashmi Nair

Professor & HOD

Chhattisgarh Dental College & Research Institute, Rajnandgaon, Chhattisgarh

THE CREATIVE FORCE BEHIND PINS & POSTS

My Journey of

PINS & POSTS

IDEAS. INSPIRATION. IMPACT.



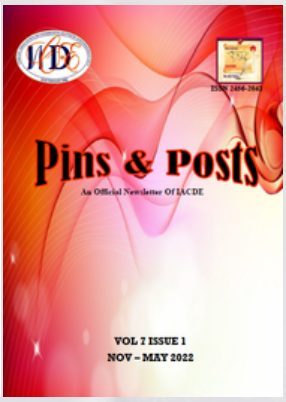
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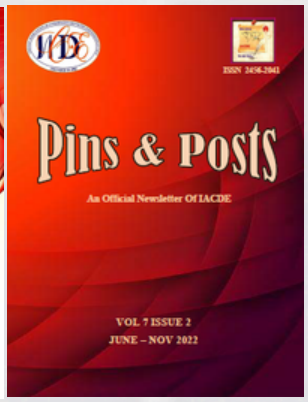
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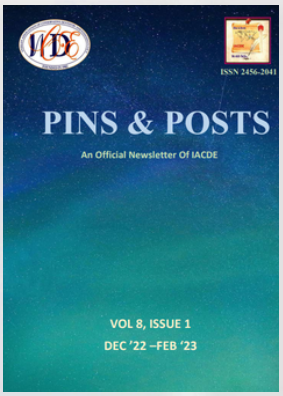
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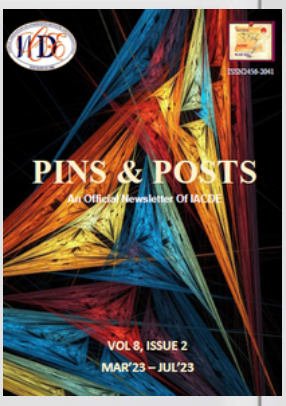
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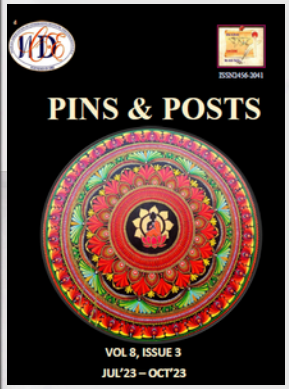
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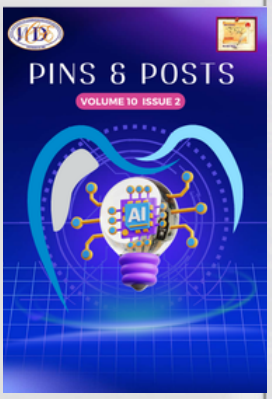
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VOL. 10, ISSUE 2



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DR. HEMAL BAJAJ
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DR. K. RAJESWARI GOPAL
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26TH IACDE NATIONAL PG CONVENTION

10TH - 12TH APRIL 2026
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- DR. INSHA ILYAS
- DR. AMBREEN FARDOS

REGISTRATION & ACCOMMODATION COMMITTEE
- DR. RAVINDER BHAGAT
- DR. OMER HUSSAIN
- DR. SADIYA ANAYAT

TRADE COMMITTEE
- DR. AJAY GUPTA
- DR. ASHISH CHOUDHARY
- DR. SUKHBIR KOUR

BANQUET COMMITTEE
- DR. AJAZ MASOODI
- DR. RAGU THAPPA

HOSPITALITY COMMITTEE
- DR. NIKHIL DEV WAZIR
- DR. SHAFIA
- DR. ASMA ALTAF

26th IACDE National PG Convention 2026



"Preserve, Restore, Innovate"

The convention brought together postgraduate students, academicians, clinicians, and experts from across India, marking a significant milestone in the field of Conservative Dentistry and Endodontics.







Scientific Highlights

The scientific proceedings of the convention were conducted with remarkable scale and academic rigor over three days.

Day 1: Government Dental College, Jammu.

Total of 740 scientific presentations, including 436 papers, 297 posters, and 7 innovations.
30 faculty delegate papers contributed by academicians nationwide.

7 Preconference Courses (Workshops) conducted free of cost.
30 participants learned new clinical skills.

Day 2: Convention Centre.

Scientific Sessions featuring 7 national speaker lectures, **Scientific Symposium** involving 8 distinguished resource persons.

Inauguration Ceremony: Great appreciation was made by Dr. Dibyendu Mazumdar (Ex-President, Dental Council of India) of 26th IACDE National PG Convention, Jammu. He looks forward to a National Conference soon being organised in Jammu and Kashmir as well.

Day 3:

Keynote Addresses, Expert Lectures, and Scientific Deliberations:
8 national speakers and 1 international speaker.
Emphasized the importance of continuous learning and innovation in improving oral healthcare standards.

Valedictory Ceremony: Awards were presented to winners of various scientific sessions in both Poster and paper presentation categories.

New Award: Innovation Awards to the postgraduates to promote self-reliant India
All the volunteers were honoured.















PRE-CONFERENCE COURSES

DR. RAJINDER BANSAL

THE ART OF FIBER POST RESTORATION: A STEP-BY-STEP GUIDE FOR CLINICAL SUCCESS







DR. SONALI KAPOOR
DR. ANKIT ARORA

PRECISION TREATMENT: MICROSCOPIC MANAGEMENT OF GUTTA - PERCHA & SEPARATED INSTRUMENT







DR. MAMTA KAUSHIK

MASTERING CBCT IN ENDODONTICS: FROM DIAGNOSIS, CLINICAL APPLICATION TO 3D RECONSTRUCTION AND VOLUMETRIC ANALYSIS





DR. KUNJAL MISTRY

PRECISION, PERFECTION & PREDICTABILITY WITH RUBBER DAM ISOLATION





PRE-CONFERENCE COURSES

DR. MOHAN KUMAR RS

LET'S STEP UP: U, ME & COMPOSITES





0 10th 6 Boards LT 1 2nd Floor

DR. KIRAN KUMAR

POSSIBILITIES WITH ALL TISSUE LASERS

26th IACDE





DR. VIVEK KAPOOR

BEYOND THE BUR: (AIR - ABRASION) A NEW ERA IN TOOTH PREPARATION







Media Highlights

The convention was widely covered in media, highlighting participation of over 1000 delegates, emphasis on innovation and academic excellence, and Jammu's emergence as a hub for Dental Education and Dental Tourism as said by Honourable MLA Sh. Yudhvir Sethi Ji.

The event featured scientific sessions, keynote lectures, exhibitions, and concluded with a valedictory ceremony.

Volume 11, Issue 1 of Pins and Posts, the official newsletter of IACDE, was released by Dr. Dibyendu Mazumdar.



SPECIAL THANKS

To ,
IACDE Head Office for believing in us.
Dr. Mohan Kumar, Secretary for his timely guidance.
Principal and Dean IGGDC, A1 logics, Department of Science and Technology Jammu, JKEDI, J&K Bank, J&K tourism.

The success of the Scientific Committee at the 26th IACDE PG Convention stands as a testament to the dedication, precision, and teamwork of an exceptional group of individuals.
Under the guidance of our Scientific Chairman, **Dr. Rudra Kaul,** and the leadership of Convenor **Dr. Parul Verma**, and Members **Fiza Wani, Dr. Afreen Bashir and Dr. Sreelekshmi,** the team worked tirelessly to ensure every session was executed seamlessly. Their vision and commitment were strongly supported by members like Dr. Pradakshana Vijav, Dr. Manisha Koul, Dr. Wajiha Khanam,
Dr. Abhilasha Kandal and a team of dedicated volunteers: Adnan, Sheeba, Umair, Ariz, Anuradha, Kajal, Anjali, Tareef, Jahnzeb, Anushika, Ishaa, Gurjot, Priyanshu, Bhawna, Heenu, Saima, Ashutosh, Aatiya, Aakansha, Arfaat, Altaf, Najma, Fahmeeda, Divita, Ishita, Murtaza, Najma Nisar, Hamna, Milad, and Jatin.



The 26th IACDE PG Convention 2026 stands as a benchmark of academic excellence, collaboration, and organizational success, contributing significantly to the advancement of dental science and professional networking in India.

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Poster Presentation -



DR. ADITYA RANJAN
DR. VIDUSHI TANDON &
DR. MANAHIL QURESHI
DR. SHIVANGI VARSHNEY
DR. ANISHA BHARDWAJ
DR. MEENUSHA S
DR. ANMOLPREET KAUR KHURMI
DR. SUPRIYA
DR. NITHYA SHREE.A.C
DR. VAISHAKH NAMBIAR
DR. PRINO SS
DR. KEERTHANA SURENDRAN
DR. JASLEEN KAUR
DR. RAIHANA R S
DR. SHOYEB SALIM NAURANGABADE
DR. GAURAV RAWAT
DR. TANGUTURI VISHNU SAI
DR. ASWATHY. S
DR. FELIX KALAI ARASU
DR. K. KUSUMA
DR. GREESHMA SANAL
DR. MANGESH SHRIKANT KOCHEWAD
DR. KALAMANDA JOSHNA
DR. JAHNAVI MS
DR. SHREYASH SATISH CHEVALE
DR. ANANTHU DINU KUMAR
DR. SHRISHTY PATWAL
DR. ADITI
DR. DEEPIKA SHEKHAWAT
DR. TANVI PIMPALE
(40 ICDE CONFERENCE, CHANDIGARH)

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Poster Presentation -



DR. YUSUF ABBAS
DR. SOMYA JAIN
DR. ISHRA KOYA
DR. YASHASWINI BHARDWAJ
DR. NISHAT TASNIM
DR. KAPIL HARISH BALANI
DR. USBA ARIF
DR. GURLEEN KAUR
DR. YASHSWI JINENDRA CHORDIYA
DR. VAISHNAVI GIRISH OVERIKAR
DR. HARGEET KAUR
DR. DEBAPRIYA CHAKRABORTY
DR. RUCHI SALUJA &
DR. SAMEEKSHA PORWAL
DR. LOPAMUDRA PRUSTY
DR. GOLI UPENDER RAO
DR. ARUSHI KAPOOR
DR. DASMEET SINGH

DR. KHUSHI SHUKLA
DR. AJWAD ABDUTTY
DR. ADINA ANDREWS
DR. PASUPULETI NAGA TARANI
DR. MUSKAAN SACHDEVA
DR. MUKTA MANOJ KASTURE
DR. ANU ANNA PHILIP
DR. ANANDI JOSHI
DR. CATHERINE JACOB
DR. G R SIDDA LINGAPPA
DR. PADALA SOWMYA
DR. DISHA DILIP KOTAK

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Poster Presentation -



DR. SIMARPREET SINGH
DR. ELIZABETH PHILIP
DR. ANANYA KARMAKAR
DR. PORE AYUSHA ANAND
DR. MOHAMMED SAFLAH P T
DR. HANNA SAITH
DR. MAKARAJU HIMAVARADHANI
DR. RITIKA THAKRAL
DR. ATHULYA.S
DR. K SHREYA SHETTY
DR. AKANSHA KASHYAP
DR. NENAVATH SAMHITA
DR. GOURISH PODDAR
DR. PARTH PATEL
DR. CHIPPE PAVITHRA
DR. SACHIN JAYWANT DUDHAL
DR. MADIPELLI AKHILA
DR. HARSHA. V
DR. S.MADHURUSHA
DR. DAYA MARY MAMMEN
DR. JYOTSNA BARDIA
DR. CHALLA SIVA SAAKETH REDDY
DR. POORVA KALE
DR. SAMRAKSHNA
DR. SINDHU
DR. SAYONTONI BANERJEE

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Paper Presentation -



Dr. Joselin Rosary S
Dr. Pratiksha Sukumar Adake
Dr. Aishwarya
Dr. Mrudul M
Dr. Deepesh Boolchandan
Dr. Andrea Joseph
Dr. Aatefa Rumman
Dr. Velidi Navya Likhit
Dr. Shreeya Sharma
Dr. Amogh Sarathi
Dr. Sandra Sakaria
Dr. Shriya Raju Bhatia
Dr. Nishu Jha
Dr. Stuti Joshi
Dr. Vasundhara Sharm
Dr. Ridhiman Raman
Dr. Sakshi Agarwal
Dr. Santhoshi.S
Dr. Aradhana Singh
Dr. Saumya Agarwal
Dr. Niharika Mathur
Dr. Apoorva Pravin Jadhav
Dr. Grace Emarald S
Dr. Sameeha Khajuria
Dr. Jency Abarna S
Dr. Hatima Zahra
Dr. Keerthiga L
Dr. Rutika Parashuram Awhad

Dr. Simran Patil
Dr. Palvi Dev
Dr. Radha Deshmukh
Dr. Akash T
Dr. Sarang B Satheesh
Soundarya BR
Dr. Siyana Azeez
Dr. Pentapatisadhika
Dr. P Bindu
Dr. Prakriti Shrivastava
Dr. Pritie Sen
Dr. Pramita Mascharak
Dr. Krishma Mehra
Dr. Appalasetty Vineetha
Dr. Motupalli Veera Venkta
S D Vam
Dr. Megha Nagpal
Dr. Trupti Diliprao Kadam
Dr. Prajakta
Dr. M Rohith
Dr. Akshita Tak
Dr. Nisarga D R
Dr. Haider Ibni Hamid
Dr. Gitesh Gupta
Dr. Disha Gupta
Dr. Mannat Bhasin
Dr. Lalit Prakash Pawar
Dr. Ravneet Kaur

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Paper Presentation -



Dr. Jeeya George
Dr. N Jagannadh
Dr. Lavanya B Savadatti
Dr. Suraj Chhaburao Khose
Dr. Priya R Shettar
Dr. Vaishnavi K S
Dr. Athira Narayanan
Dr. M Manisha Chouhan
Dr. Gopika Krishnan K G
Dr. Kavya Sabu
Dr. Kinjal Shah
Dr. Diya Vir Kaur Thind
Dr. Vandana Kumari
Dr. Rasika Arvind Jadhav
Dr. S Aswathi
Dr. Sai Patole
Dr. Ashique Ibrahim S
Dr. Sanika Damle
Dr. Prajakta Suresh Pol
Dr. Pranav Vyom
Dr. Ayesha Sana
Dr. Suryaja Adhikari & Dr. Sai Lokesh
Dr. Anupama Reddy & Dr. Nidhal Nazar
Dr. Shivam Soni
Dr. Mahak Khan
Dr. Jhalak Chaudhary
Dr. Sandhya
Dr. Shweta Vinay Jadhav
Dr. Sajith Basu
Dr. Manav Modi
Dr. Sadhvi Pateriya
Dr. Sanket Achyutrao Kadam
Dr. Hari Shankar A B
Dr. Tanushka Dutta
Dr. B Sushma
Dr. Tasmiya M Bhavikatti
Dr. Saniya Pramod Rege
Dr. Swadhinta Raj
Dr. Gaurav Hemnani
Dr. Harshita Shekhawat
Dr. Garima Verma
Dr. Akshay Thomas Mani
Dr. N V Sumanasree
Dr. P Naga Sai Anjani &
Dr. Dhrub Mukherjee
Dr. Dinesh Kumar R V
Dr. Sajna A
Dr. Mahak Bhadouria
Dr. Jahnavi G
Dr. Ritika Maram
Dr. Surbhi Agrawal &
Dr. Polemreddy Sriharshitha
Dr. Nandhani Bansal
Dr. Jagjot Kaur
Dr. Shruti

26th IACDE NATIONAL PG CONVENTION, JAMMU

Winners of Paper Presentation -



Dr. Shreya Verma
Dr. Alka Elza Prakash
Dr. Ishavjyot Kaur
Dr. Anuj Sanjay Bhosale
Dr. Maria Anna Geevarghis
Dr. Roshinii K
Dr. Jasleen Kaur
Dr. Veni Sowmya S
Dr. Mansi Anil Tambade
Dr. Radhika Vasudev
Dr. Sayali Ravindra Pawar
Dr. Shreya Batra
Dr. Kapil Naladkar
Dr. Manisha Kohl
Dr. Rahul Setia
Dr. Satvika Dube
Dr. Sejal Deepak Myatrekar
Dr. Donamol Roy
Dr. Akshata
Dr. Keerthana S
Dr. Navya Kaushal
Dr. Avvaru Uday Kumar
Dr. Sreelakshmi P S
Dr. Rupasree Das
Dr. Tanuja Thakur
Dr. Mehak Ahuja
Dr. Maithilee Sapkal
Dr. Maria Mathew
Dr. Dnyaneshwari Uttam Landge

Dr. Shukdev Kalra
Dr. Shweta Sanjay Chavan
Dr. Savani Sandeep Mahajan
Dr. Konireddygari Mounika
Dr. Ajay N
Dr. Diksha Prerna
Dr. Vinus Ishwar Shivlani
Dr. Shruti Sudhir Bajaj
Dr. Diksha Naik
Dr. Javaji Divya
Dr. Ridhima Katyal
Dr. Priyanka Rathod
Dr. Snehangshu Dutta
Dr. Diksha Kumar
Dr. Rishbhi Gupta
Dr. Hemil Shah
Dr. Megha Deepak Lounganii
Dr. V Dhanya Sathyan
Dr. Vaishnavi Gurunath Sunkad
Dr. Debayan Nawn

Second IACDE Executive Committee Meeting

10th April 2026

Venue: KC Regalia Banquet Hall, Jammu

OPENING PROCEEDINGS & ADMINISTRATIVE APPROVALS

- **Hospitality Acknowledgement:**
  The meeting commenced with formal appreciation extended to Dr. Shamim Anjum and the local organizing committee for the successful management and hosting of the event in Jammu.

- **Confirmation of Prior Minutes:**
  The minutes of the previous Executive Committee Meeting held at Chandigarh were reviewed and unanimously approved by the house.





UPCOMING NATIONAL CONFERENCE & CONVENTION

Dr. Kiran Kumar N and Dr. Adarsha, representing the 41st IACDE Conference, Bangalore, along with Dr. Afsal from the 27th IACDE PG Convention, Trivandrum, briefed the office bearers on the progress and preparations for their respective upcoming events.

ASSOCIATION STRENGTH & ENROLLMENT

Membership Metric

The total membership strength of the IACDE has officially reached 12,467, reflecting a net increase of nearly 500 new members since the last session.

Academic Enrollment

Special appreciation was recorded for EC members for their targeted and highly successful efforts in encouraging postgraduate enrolment across all regions.

JOURNAL & NEWSLETTER UPDATES



Journal Advancement

Dr. Shishir Singh, Editor-in-chief, was appreciated by office bearers for his efforts in timely publication of the Journal of Conservative Dentistry and Endodontics (JCDE).

Newsletter Success

The EC commended Dr. Kanwalpreet Kaur and Pins & Posts team for their outstanding contributions to the IACDE newsletter and the success of the photography contest.
The house was informed that the upcoming newsletter edition will be officially released by Dr. Dibyendu Mazumder.

FINANCIAL UPDATES

Financial updates presented by Treasurer Dr. Abhishek Laha highlighted strong fiscal management, including updates about fixed deposits and fully digital financial transactions.



NEW INITIATIVES & FUTURE AGENDA

To further modernise the association's footprint, the EC discussed and adopted several forward-thinking resolutions:

01	02	03
Sponsored registrations for national contest winners to encourage clinical excellence.	Advanced delegate competitions designed to foster academic and research-driven metrics.	Expansion of social media presence, digital outreach, and enhanced member welfare activities.

MEMBER WELFARE & SOCIAL SECURITY

₹3 lakh goodwill assistance approved for Dr. Ramya Raghu's family.
Social Security Blueprint: Discussions were initiated for a permanent member social security and mutual aid scheme for all active IACDE members.

The house closed with the official announcement that the **Next IACDE Executive Committee Meeting** will take place in **Chennai in August 2026.**

ONLINE
IACDE
PHOTOGRAPHY CONTEST

"See the Unseen"



1ST -28TH FEBRUARY, 2026

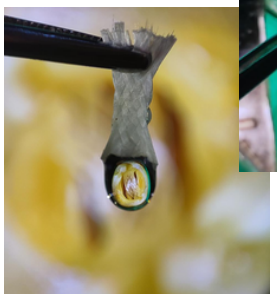
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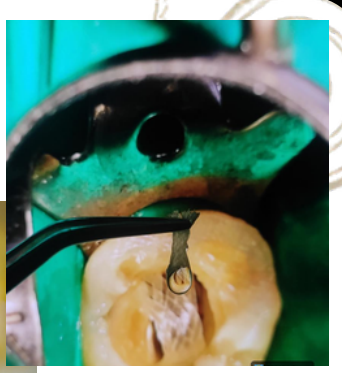


DR. KRISHNA KIRAN V

POSTGRADUATE
ANNOOR DENTAL COLLEGE & HOSPITAL,
MUVATTUPUZHA, KERALA

"REINFORCEMENT REIMAGINED- MACROSCOPIC REFLECTION OF MICROSTRUCTURAL STRENGTH"





2



"WITHIN A DROP LIES A WORLD WAITING TO BE SEEN"



DR. DEREK SHAJI PIOUS

POSTGRADUATE-III
A. B. SHETTY MEMORIAL INSTITUTE OF DENTAL SCIENCES, KARNATAKA

2

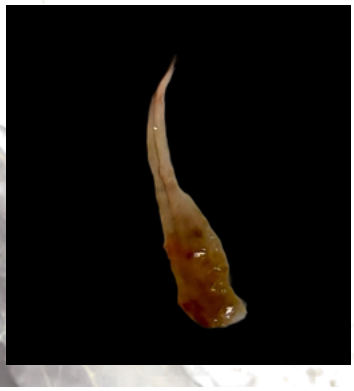


DR. AMAL RANA

ASSISTANT PROFESSOR
CAPFIMS
AIIMS, NEW DELHI

"UNEXPECTED INTACT RETRIEVAL OF OBTURATION DURING CROWN REMOVAL"





"HEART OF TOOTH"



3

POSTGRADUATE-II
GOVERNMENT DENTAL COLLEGE , KOTTAYAM

DR. PARUL

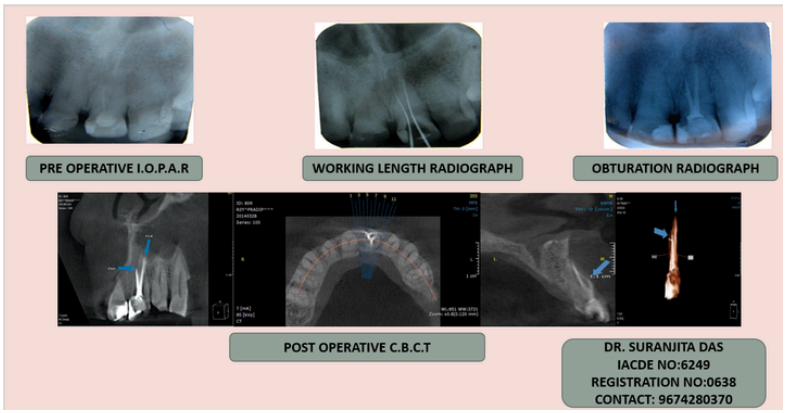


DR. SARANG B SATHEESH

POSTGRADUATE
MES DENTAL COLLEGE, KERALA



"Great clarity but framing and positioning of the camera during the shot could have made it even better"





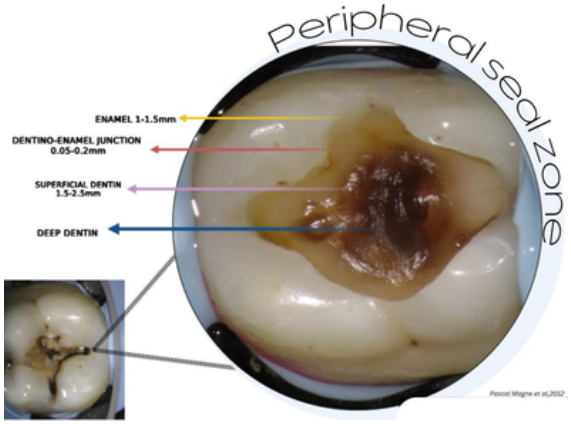
DR. SURANJITA DAS

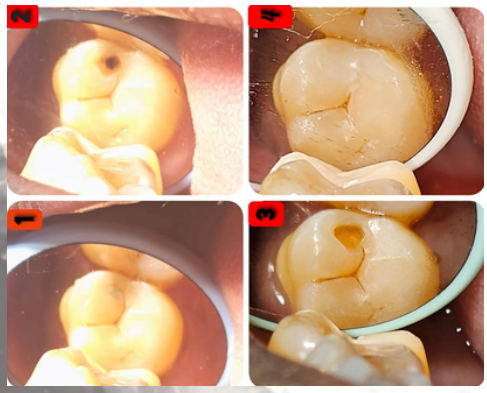
ASSISTANT PROFESSOR
K.S.D. JAIN DENTAL COLLEGE AND HOSPITAL,
KOLKATA



DR. SHREYA RAJ

READER
D.A. PANDU MEMORIAL R.V. DENTAL
COLLEGE & HOSPITAL, BENGALURU





"DETECTION AND
GIVING LIFE
BEFORE
DESTRUCTION"



DR. P. NIHAR

ASSISTANT PROFESSOR
CKS TEJA INSTITUTE OF DENTAL SCIENCES
& RESEARCH, ANDHRA PRADESH

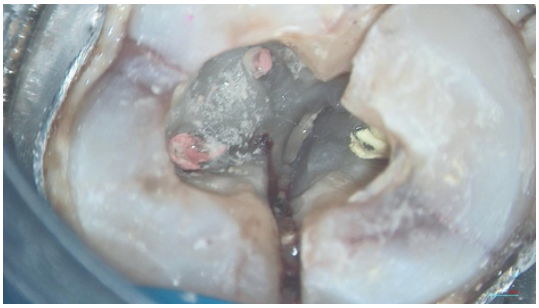


DR. ANOOPA TM

POSTGRADUATE
AL-AZHAR DENTAL COLLEGE, KERALA

"HEALING FROM WITHIN:THE INVISIBLE SCAFFOLD": PLACEMENT OF PLATELET RICH FIBRIN"





"Excellent picture and illumination of a difficult field"

"SUBTLE CRACK PROPAGATION DETECTED UNDER ENHANCED MAGNIFICATION - WHERE INTEGRITY BEGINS TO WEAKEN"



DR. PALAK HIRANI

POSTGRADUATE
SHARAD PAWAR DENTAL COLLEGE AND HOSPITAL, MAHARASHTRA



DR. DAMINI VILAS PATIL

ASSISTANT PROFESSOR
DR. G. D. POL FOUNDATION'S Y.M.T. DENTAL COLLEGE & HOSPITAL, NAVI MUMBAI

"UNSEEN WARRIORS OF CONSERVATIVE DENTISTRY"





"Good overall framing but improvement can be done with regards to the lighting".

"STRUCTURAL REVIVAL WITH ADVANCED BIOMATERIALS: PEEK POST WITH ZIRCONIA CROWN"



DR. VAISHALI CHHABRA

POSTGRADUATE -II
MANIPAL COLLEGE OF DENTAL SCIENCES, MANGALORE







DR. ASHIQUE IBRAHIM

POSTGRADUATE
PMS COLLEGE OF DENTAL SCIENCE & RESEARCH, KERALA



"Framing of the shot could have been better".

"SEE THE UNSEEN"



DR. SRUJAN

POSTGRADUATE-II
VMKV DENTAL COLLEGE & HOSPITAL, SALEM



DR. RAYAZ RASHEED MOOPAN

POSTGRADUATE-III
AMRITA SCHOOL OF DENTISTRY, KERALA

"SYMMETRY IN SIX - ESTHETIC EXCELLENCE THROUGH PRECISION DENTISTRY"



"Excellent use of the photographic techniques and equipment".



"ALIGNED TO RESIST"



READER
K.M. SHAH DENTAL COLLEGE & HOSPITAL, GUJARAT

DR. MEET KUMAR DADANIA



"SEE THE UNSEEN"



DR. JITESH S

ASSISTANT PROFESSOR
SAVEETHA DENTAL COLLEGE, TAMIL NADU

"Excellent use of the Macro Lens. Full marks to the skill involved".



"ILLUMINATING THE FELURE"



DR. C. S KARUMARAN

PROFESSOR
RAGAS DENTAL COLLEGE, TAMIL NADU



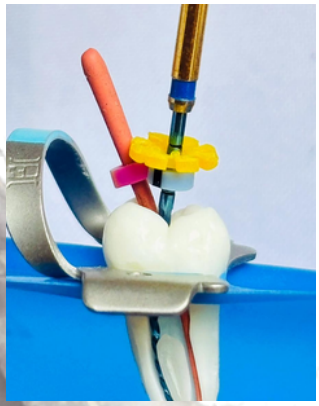
DR. K NAGA SAI SARANYA

COORG INSTITUTE OF DENTAL SCIENCES, KARNATAKA

"EVERY ENDING CARRIES THE SHAPE OF WHAT IT ONCE SUSTAINED"



"A very commendable effort indeed. Even the Zoomed in picture clarity is great"



"SEEING THE UNSEEN, HEALING THE HIDDEN"



DR. JAVAJI DIVYA

POSTGRADUATE-I
CKS TEJA INSTITUTE OF DENTAL SCIENCES & RESEARCH, ANDHRA PRADESH



DR. ANUBHAV NIGAM

POSTGRADUATE -I
FACULTY OF DENTAL SCIENCES, KGMU,
UTTAR PRADESH

"CONTOURS OF HEALTH, SHADOWS OF DECAY"



"Good clarity.



"Good storytelling, makes you think".

"THROUGH MICROBIAL EYES- THE FORBIDDEN PASSAGE BEYOND APICAL FORAMEN"



DR. AARSHI NAYAN PATEL

POSTGRADUATE-I
MANUBHAI PATEL DENTAL COLLEGE
AND HOSPITAL, GUJARAT



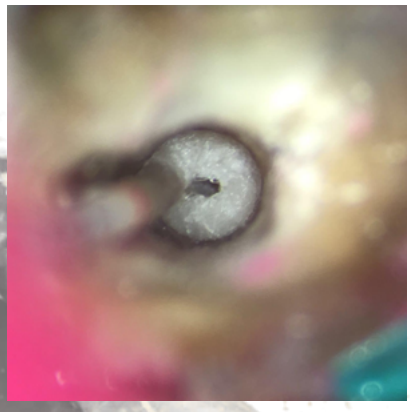
DR. POOJA PRABHU

POSTGRADUATE
VMKV DENTAL COLLEGE &
HOSPITAL, SALEM

"WHERE ENDODONTIC PRECISION MEETS AESTHETIC ARTISTRY-13-23 EMAX REHABILITATION"



"Good results and framing. Lighting could have been better".



"WHAT JUST CURLED IN THE CANAL?"



DR. GURPREET SINGH

WHITE HILLS FAMILY
DENTAL CLINIC, CANADA



DR. AJAY SINGH RAO
PROFESSOR
KM SHAH DENTAL COLLEGE &
HOSPITAL, GUJARAT

THE SILENCE
OF A CRACK,
ONLY A LENS
CAN HEAR!!





"BEYOND THE
SURFACE,
A SMILE IS
REBORN"



DR.K RAJYA LAKSHMI
POSTGRADUATE-III
ST. JOSEPH DENTAL COLLEGE,
ELURU, ANDHRA PRADESH



DR. AVVARU UDAY KUNAR
POSTGRADUATE-I
CKS TEJA INSTITUTE OF DENTAL SCIENCES &
RESEARCH, ANDHRA PRADESH





"Good use of the background light to highlight the cracks".

"THE
SILENT
SPLIT"



DR. MANNAT
POSTGRADUATE-I
SAVEETHA DENTAL COLLEGE, TAMIL NADU

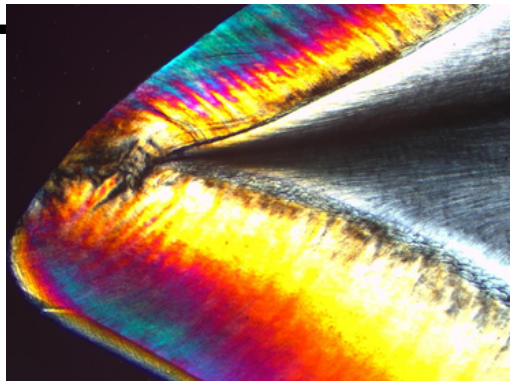


DR. AKANSHA KASHYAP

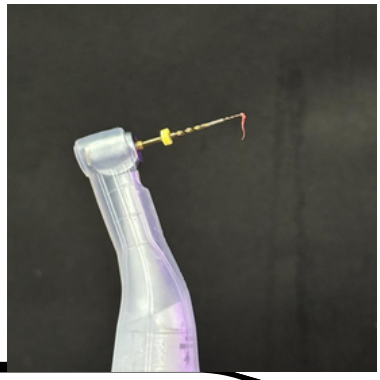
POSTGRADUATE
SGT DENTAL COLLEGE, HARYANA

"UNSEEN ENAMEL ARCHITECTURAL RAINBOW WITH PRISMS AND DEJ GUIDING EVERY CONSERVATIVE CAVITY WE CUT."

"Good clarity. That's that"



"DEBRIDEMENT REVEALED - THE UNSEEN PULP PASSENGERS WE REMOVE TO SILENCE PERSISTENT PAIN."





"THE INVISIBLE BLUEPRINT: UNSEEN ANATOMY OF A WAX PATTERN"



DR. AJWAD ABDUTTY

POSTGRADUATE
AL-AZHAR DENTAL COLLEGE, KERALA



DR. SANKET HANS PANDEY

ASSOCIATE PROFESSOR,
SRI AUROBINDO UNIVERSITY, MADHYA PRADESH

"FAST AND CURE-IOUS"



"Excellent framing, positioning, cropping and lighting"

INDIAN ASSOCIATION OF
CONSERVATIVE DENTISTRY & ENDODONTICS

IACDE NATIONAL COVER PAGE CONTEST 2026

Report

CELEBRATING CREATIVITY • TALENT • EXCELLENCE

The Indian Association of Conservative Dentistry and Endodontics (IACDE) successfully conducted a National Cover Page Contest for its official newsletter, "Pins & Posts," from 1st May to 31st May 2026.

CONTEST HIGHLIGHTS

The theme, "India, IACDE and Me—My Journey in the Country of Smiles" inspired beautiful and meaningful entries.

The contest witnessed an overwhelming response from all over India.

Participants showcased remarkable creativity and artistic excellence through their unique cover page designs.

★ OUR ESTEEMED JURY ★


Dr. Arvind Kumar


Dr. Rajinder Bansal


Dr. Sonali Kapoor


Dr. Paromita Mazumdar


Dr. Gaurav Kulkarni

> "The entries were meticulously evaluated by a distinguished panel of senior IACDE members, whose expertise, dedication, and wholehearted support ensured a fair and transparent judging process."

AWARDS

1ST PRICE
100% REGISTRATION FEE WAIVER FOR THE 41ST IACDE CONFERENCE, BANGALORE

2ND PRICE
50% REGISTRATION FEE WAIVER FOR THE 41ST IACDE CONFERENCE, BANGALORE

3RD PRICE
25% REGISTRATION FEE WAIVER FOR THE 41ST IACDE CONFERENCE, BANGALORE

THANK YOU TO ALL PARTICIPANTS
FOR MAKING THE CONTEST A GRAND SUCCESS!

Cover page contest results

Rank	Name	Iacde no.	Institute	ISSUE
	Dr Patankar Vaishnavi Ratnakar	8870	Dr. G.D Pol Dental College and Hospital, PG Institute, Kharghar, Navi Mumbai.	Front Cover page August 2026
	Dr Jasmitha Chapati	9974	Government Dental College & Hospital, Hyderabad	Front Cover page November 2026
	Dr Monisha N	10792	Subbaiah Institute of Dental Sciences	Front Cover page april 2027
4th	Dr Sejal Gandhi	7422	Chhattisgarh Dental College and Research Institute	Front Cover page August 2027
5th	Dr Arya Dineshan	12546	Coorg Institute of Dental Sciences	Front Cover page November 2027
6th	Dr R. Adisree	7563	SRM Kattankulathur Dental College and Hospital, Chennai	Back Cover page August 2026
7th	Dr Arshia Rashid Baig	3529	Sharad Pawar Drntal College & Hospital, Wardha.	Back Cover page November 2026
8th	Dr. K Naga Sai Saranya	11283	Coorg institute of dental sciences	Back Cover page April 2027
9th	Dr Anitha	1222	Mamata dental college, Khammam	Back Cover page August 2027
9th	Dr Abhiroop Kaur	10769	Bhojia Dental College and Hospital, Baddi, Himachal Pradesh	Back Cover page August 2027
10th	Dr Akshay Charakkadan	12326	MES Dental College, Perinthalmanna	Back Cover page November 2027

ONLINE EXECUTIVE COMMITTEE MEETING

STRATEGIC THEME

MDS Curriculum Reforms: Institutional Submission Framework for the National Dental Commission (NDC)

SESSION LOGISTICS

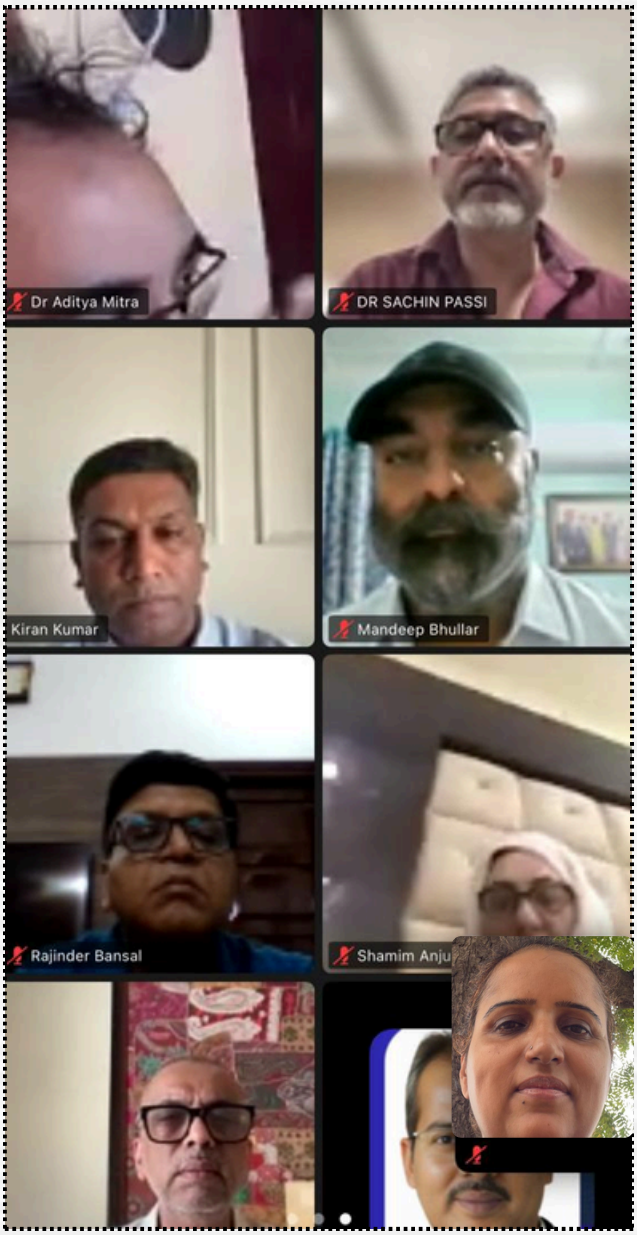
10 May 2026
Online / Virtual Session

CHAIR & GUIDANCE

DR. DIBYENDU MAZUMDER
Former President,
Dental Council of India

EXECUTIVE SUMMARY & OBJECTIVE

The Indian Association of Conservative Dentistry and Endodontics (IACDE) convened a specialized Online Executive Committee (EC) Meeting to deliberate, consolidate, and finalize institutional recommendations for reforming the Master of Dental Surgery (MDS) curriculum. The ultimate objective of this session was to prepare a comprehensive, expert-backed submission to the National Dental Commission (NDC) to elevate postgraduate dental education standards across the nation.



KEY DELIBERATIONS & AGENDA

A. REVIEW OF FRAMEWORKS

BDS Status Update: The Committee formally noted and recorded that all foundational institutional reforms and baseline curricular recommendations regarding the Bachelor of Dental Surgery (BDS) curriculum had already been successfully compiled, verified, and officially communicated to the NDC during a previous phase.

B. MDS CURRI

Compilation Process: The Executive Committee reviewed the framework for compiling the postgraduate (MDS) curriculum recommendations and discussed the methodology for integrating feedback received from stakeholders.

Consolidation of Expert Input: The Committee resolved that the final document would be submitted to the NDC only after a comprehensive review and incorporation of suggestions received from association members and subject matter experts.

OFFICIAL REPRESENTATION BEFORE THE NDC

To ensure that the Association's proposed reforms were effectively advocated during the upcoming national meeting in New Delhi, the Executive Committee appointed the following official delegates:

DR. KIRAN KUMAR N –
PRESIDENT ELECT
Designated to jointly represent the administrative and academic interests of the IACDE before the NDC Review Board.

DR. ARVIND KUMAR A –
JOINT SECRETARY
Selected in recognition of his extensive foundational work and significant contributions to the curriculum reform modules.



ADJOURNMENT & CLOSING REMARKS

The meeting was formally concluded by the **Honorary Secretary, DR. R. S. MOHAN KUMAR.**

In his closing address, he extended formal appreciation to the Chair and all participating EC members for their valuable academic contributions, insightful deliberations, and collective commitment to strengthening and modernizing dental education standards across the country.

SMILE SHOTS

IACDE-SUPPORTED NATIONAL WORKSHOP ON DENTAL PHOTOGRAPHY

MARCH 24, 2026

HITKARINI DENTAL COLLEGE & HOSPITAL, JABALPUR

KEY HIGHLIGHTS

- HANDS-ON TRAINING IN DENTAL PHOTOGRAPHY
- INTERACTIVE LEARNING WITH REAL-TIME DEMONSTRATIONS
- EMPHASIS ON CLINICAL DOCUMENTATION AND AESTHETICS
- ACTIVE PARTICIPATION FROM UG, PG STUDENTS AND FACULTY
- INTEGRATION OF PHOTOGRAPHY IN CLINICAL PRACTICE AND RESEARCH

CAPTURING SMILES, ENHANCING PRACTICE, INSPIRING EXCELLENCE

Dr. S. P. Mantri, HOD,
Dr. Bonny Paul, Dr. Kavita Dube, Dr. Niharika Gupta, Dr. Akshara, Dr. Rajashree, and postgraduate students





BASIC RECAP 2026

MANIPAL COLLEGE
OF DENTAL SCIENCES
MANGALORE
(A constituent unit of MAHE, Manipal)

A PRE-EXAM PREPARATORY WORKSHOP
FOR FIRST YEAR POST-GRADUATES

MANIPAL COLLEGE OF DENTAL SCIENCES
MANGALORE
(A constituent unit of MAHE, Manipal)

JULY
2 – 3, 2026

VENUE
Lecture Hall (2nd Floor), Knowledge Block, Centre for Basic Sciences
Bejai, Mangalore

130+ REGISTRATIONS
from 30 dental colleges across Karnataka, with 19 speakers covering 22 topics

ORGANIZED BY

ASSOCIATION OF CONSERVATIVE DENTISTRY & ENDODONTICS OF KARNATAKA (ACE-K)&
INDIAN ASSOCIATION OF CONSERVATIVE DENTISTRY & ENDODONTICS (IACDE)

CHIEF GUEST

DR. DILIP G. NAIK
PRO VICE-CHANCELLOR,
MAHE MANGALORE CAMPUS

GUESTS OF HONOUR

DR. ASHITA UPPOOR, DEAN, MCODS
DR. MITHRA HEGDE, PRINCIPAL,
ABSMIDS AND PRESIDENT, IACDE

ORGANISING CHAIRMAN

DR. KARTHIK SHETTY

ORGANISING SECRETARY

DR. ROMA M





17TH NATIONAL ANNUAL RAPID REVIEW PROGRAM

"THE FINISH LINE"

JULY 02 - 04, 2026

SRI RAMACHANDRA DENTAL COLLEGE & HOSPITAL,
SRIHER [DU] , CHENNAI.

200 Postgraduate Delegates

26 Exam-oriented Lectures by Eminent Speakers





A grand viva session was conducted using blended learning [KAHOOT SESSION] and symposium was organized to improve the student's ability to write the descriptive essay question.

ORGANISING COMMITTEE

PATRONS
THIRU. V. R. VENKATAACHALAM CHANCELLOR, SRIHER (DU)
THIRU. R. V. SENGUTUVAN PRO-CHANCELLOR SRIHER (DU)
MRS. SAMYUKTA VENKATAACHALAM TRUSTEE

ADVISOR
DR. H. THAMIZHCHELVAN DEAN SRDC&H

FAMILY CONS & ENDO
ORGANISING CHAIRMAN: DR. R. MATHAN RAJAN
ORGANISING CO - CHAIR: DR. K. RAJESWARI GOPAL PROFESSOR & HEAD
ORGANISING SECRETARY: DR. R. ARASAPPAN

JOINT ORGANISING SECRETARY
DR. A. RUPA
DR. V. PREETHI
DR. A. CHAKRAVARTHY

SCIENTIFIC COMMITTEE:
DR. K. MANIGANDAN
DR. R. SESHAN RAKKESH
DR. G. LOKHASUDHAN

PROGRAMME COORDINATORS
DR. M. INDUMATHI
DR. V. PRADEEBA ANANDI
DR. HARINI MADHAVAN
DR. P. D. SOUNDARYA
DR. S. ADVAITHA NARAYAN

WALL OF HONOR

HONORING EXCELLENCE INSPIRING IMPACT.

IACDE

ANNUAL AWARDS

2025-2026

"Recognizing dedication, research, compassion and clinical excellence"

- CLINICAL EXCELLENCE AWARD - DR. SIDDHARTH NAUTIYAL
- CLINICAL EXCELLENCE AWARD - LT COL DR. ANUBHAV CHAKRABARTY
- HUMANITARIAN AWARD - DR.K.RAJESWARI GOPAL
- PG IACDE YOUNG ACHIEVER - DR. BHARTI PRIYA
- FACULTY RESEARCH GRANT - DR.VARUN PRABHUJI
- FACULTY RESEARCH GRANT - DR.GAURAV JAIN
- RESEARCH GRANT AWARD - DR.DEBIPRASAD BISOI
- ACADEMIC EXCELLENCE AWARD - DR.KAMALI ROSHAN
- CASE REPORT OF THE YEAR - DR.POOJA PRABHU
- OUTSTANDING ACHIEVEMENT AWARD - DR. SONALI TANEJA
- ACADEMIC EXCELLENCE AWARD - DR. R SANDHYA
- RISING STAR AWARD - DR. AAKRITI SINGH
- CASE REPORT- 3RD PLACE - DR. PUNDARI DEVENENI

PHOTOGRAPHY CONTEST AWARDS



- FIRST PRIZE - DR.KRISHNA KIRAN V
- SECOND PRIZE - DR. DEREK SHAJI PIOUS
- SECOND PRIZE - DR. AMAL SINGH RANA
- THIRD PRIZE - DR. PARUL

CLINICAL EXCELLENCE AWARD - DR. SIDDHARTH NAUTIYAL



Thank you so much. I'm truly humbled by this recognition, and I'm grateful to the IACDE for this honor. I'm glad to share this moment with the IACDE newsletter.

Dr. Siddharth Nautiyal
Associate Professor
Uttaranchal Dental and Medical Research Institute
Dehradun, Uttarakhand.

CLINICAL EXCELLENCE AWARD -LT COL DR. ANUBHAV CHAKRABARTY

Serving our nation's heroes and their families is the greatest privilege of my career. Receiving the prestigious Clinical Excellence Award is a deeply humbling experience and a reminder that excellence is not merely a moment of recognition, but a continuous commitment shaped by values, purpose, and perseverance.I remain guided by the principles and ethos of our Armed Forces, which continually reinforce the ideals of righteousness, hard work, and self-discipline. I am dedicated to the health of those who protect us.

Sincerely,
Lt Col Dr Anubhav Chakrabarty
Graded Specialist (Conservative Dentistry & Endodontics)
Army Dental Corps



HUMANITARIAN AWARD - DR.K.RAJESWARI GOPAL



I am deeply honoured and grateful to the Indian Association of Conservative Dentistry and Endodontics (IACDE) for conferring upon me the Humanitarian Award. This recognition reinforces my practice into compassionate service to society.I sincerely thank IACDE,my mentors, and colleagues for their constant support, and this honour inspires me to continue serving with empathy and dedication.

Dr.K.Rajeswari Gopal
Professor & HOD
Sri Ramachandra Dental College and Hospital
Tamil Nadu

PG YOUNG ACHIEVER - DR. BHARTI PRIYA

Deeply honored and grateful to receive the IACDE Young Achiever Award. It means a lot to be recognised and my heartfelt thanks to everyone who supported, guided and believed in me. I sincerely thank IACDE members for selecting me and having faith in me. This achievement motivates me to keep working harder and striving for excellence.Thank you once again! Truly grateful!

Dr. Bharti

ITS Dental College, Muradnagar, Ghaziabad



FACULTY RESEARCH GRANT- DR.VARUN PRABHUJI



Recognition may take time, but sincere and consistent hard work is always noticed eventually. Not everyone may agree with unconventional ideas or paths, but progress often comes from pursuing what you truly believe in, rather than only what is prescribed. Thank you once again for the opportunity to be featured in the IACDE newsletter.

Warm regards,

Dr. Varun Prabhuji

Director, Roots to Cusps Private Limited

PhD Research Scholar, IIT Madras

FACULTY RESEARCH GRANT- DR.GAURAV JAIN

I am deeply honoured to receive the IACDE Faculty Research Grant and sincerely grateful to the association for this recognition. This encouragement strengthens my commitment to advancing research in Conservative Dentistry and Endodontics. The support reinforces my expertise and interest in cell line testing and the development of novel dental materials, with a special focus on nanoparticle-based innovation.

I deeply appreciate IACDE's belief in researchers and its continued efforts to nurture and support meaningful scientific progress. I hope this work contributes meaningfully to clinical excellence and inspires young researchers in our field.

Dr. Gaurav Jain

Professor

Saraswati Dental College & Hospital,Lucknow



RESEARCH GRANT AWARD -DR.DEBIPRASAD BISOI

I am deeply honored and grateful to receive the IACDE Research Grant. This recognition means a lot to me and motivates me to continue striving for excellence in research and clinical practice. As a postgraduate student the financial support from this grant will greatly facilitate my study by enabling access to essential materials, advanced techniques, and resources required or high-quality research. I sincerely thank my mentor and guide Dr. Shashirekha Govind ma'am for her constant support and encouragement throughout this journey.



Dr. Debiprasad Bisoi
Postgraduate Student
Siksha 'O' Anusandhan, Bhubaneswar, Odisha

ACADEMIC EXCELLENCE AWARD - DR.KAMALI ROSHAN



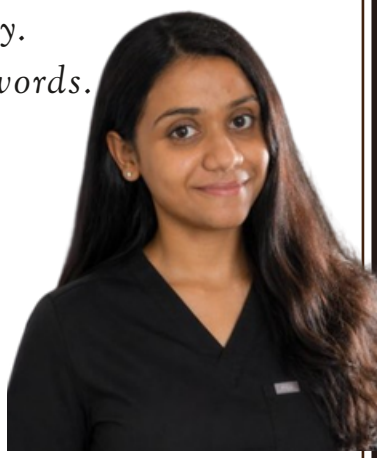
I am deeply honoured and grateful to receive the IACDE grant. This support motivates me to pursue my research with greater dedication and contributes significantly to my academic growth. I sincerely thank IACDE for encouraging young researchers in Conservative Dentistry and Endodontics.

Dr. Kamali Roshan
Postgraduate Student
KSR Institute of Dental Science and Research, Tiruchengode

CASE REPORT OF THE YEAR - DR.POOJA PRABHU

I am deeply honored and grateful to receive this recognition from the esteemed IACDE, a prestigious platform which truly values academic excellence and clinical dedication. This recognition motivates me to strive for higher standards in clinical practice. I sincerely thank my Head of the Department and all my staff, mentors, colleagues and patients for their constant support.

To fellow postgraduates, this is the phase where we are given the freedom to learn, explore, and manage diverse cases, use it wisely. Stay humble, stay ethical, and let your work speak louder than words. Thank you once again IACDE for this encouragement and inspiration.



Dr. Pooja Prabhu
Postgraduate Student
Vinayaka Mission's Sankarachariyar Dental College, Tamil Nadu

FIRST PRIZE -PHOTOGRAPHY CONTEST: DR. KRISHNA KIRAN V

Receiving the First Prize in the IACDE National Photography Contest is truly an honor and a memorable milestone for me. I am grateful to IACDE for providing a platform that celebrates the artistic side of dentistry and inspires us to observe beauty beyond the clinical realm

Photography has become a way for me to pause, observe, and appreciate the extraordinary beauty hidden within ordinary moments. Much like dentistry, it is an art of details, patience, perspective, and precision. Every frame tells a story, and this award encourages me to continue exploring those stories through my lens..



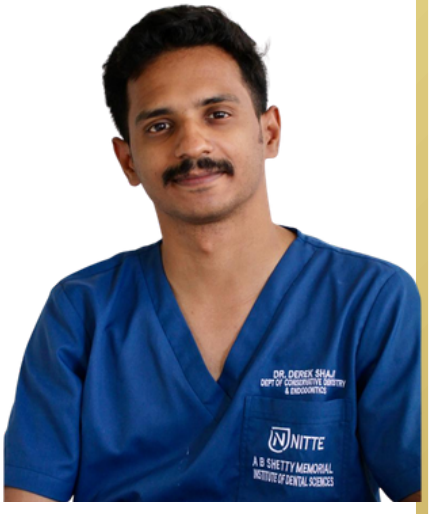
My sincere thanks to IACDE, Team PINS & POST, the judges,mentors, friends,colleagues, my family and everyone who supported and encouraged me along the way

Dr. Krishna Kiran V
Post Graduate
Annoor Dental College & Hospital,
Muvattupuzha, Kerala.

SECOND PRIZE- PHOTOGRAPHY CONTEST: DR. DEREK SHAJI PIOUS

I am deeply honored to receive the Second Prize in the IACDE National Photography Contest.
My sincere gratitude to the Indian Association of Conservative Dentistry and Endodontics (IACDE), the judges, and the Pins and Posts team for this recognition. Photography, much like dentistry, is about attention to detail, precision, and the ability to capture moments that tell a story. Receiving this award is both encouraging and inspiring.

I would also like to thank my mentors, colleagues, and friends for their constant support and encouragement. This recognition motivates me to continue exploring and expressing the art and science of dentistry through photography.
Thank you once again for this wonderful honor.



Dr. Derek Shaji Pious
Post Graduate 3rd-Year
A.B. Shetty Memorial Institute of Dental Sciences, Karnataka

SECOND PRIZE- PHOTOGRAPHY CONTEST: DR AMAL SINGH RANA

I am grateful to IACDE for this recognition and for providing a platform that highlights the importance of dental photography in clinical practice. To me, clinical documentation is a powerful tool that enhances diagnosis, treatment planning, education, research, and patient communication. This recognition reinforces our belief in the value of meticulous documentation advancing modern dental practice. I am especially thankful to my mentor, Prof.. (Dr.) Ajay Logani, who instilled in us the importance of documentation and whose guidance played a significant role in developing my interest in clinical photography.

I sincerely appreciate IACDE's efforts in encouraging clinicians to showcase both the scientific and artistic dimensions of our profession. This award serves as a source of motivation for young clinicians to recognize photography as a powerful tool for learning, teaching, and advancing our profession.

Dr Amal Singh Rana
Assistant Professor, CAPFIMS
AIIMS, New Delhi



THIRD PRIZE- PHOTOGRAPHY CONTEST: DR. PARUL

Beneath every tooth lies a hidden world of vitality—the dental pulp, the living core that sustains and responds. This image captures the intricate beauty of the pulp, reminding us that endodontics is not merely about treating canals, but about understanding and preserving life within the tooth.

Through the lens, we celebrate the remarkable blend of science, precision, and artistry that defines our specialty.



Dr. Parul
Junior Resident, PG-2
Government Dental College , Kottayam

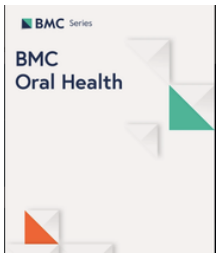
ACHIEVEMENTS

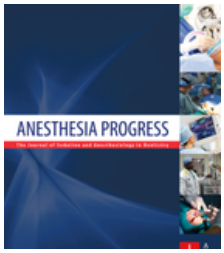
ACADEMIC EVENT

The Department of Conservative Dentistry and Endodontics at J.C.D. Dental College, Sirsa, Haryana actively contributed to Dantkranti 3.0, the institution's flagship academic event, which featured a series of engaging and intellectually stimulating competitions for dental students across the country.

Among these, the All-India Dental Caption Contest stood out as a unique and creative initiative, attracting enthusiastic participation from students nationwide.

RESEARCH PUBLICATIONS





RESEARCH Open Access

Success rate of inferior alveolar nerve block in diabetic patients with symptomatic irreversible pulpitis: a prospective study

Rakesh Singla[1], Mani Gera[1], Gurdeep Singh Gill[1], Namita Jain[1], Adel Saeed N. Alobaid[2], Suraj Arora[2], Ahmed Abdullah Al Malwi[2], Shan Sainudeen[2], Priyanka Saluja[3] and Waled Abdulmalek Alanesi[4*]

SCIENTIFIC REPORT

Comparing Etizolam and Music Distraction on Inferior Alveolar Nerve Block Success in Patients With Symptomatic Irreversible Pulpitis: A Randomized Clinical Trial

Rakesh Singla, MDS;[1] Gurdeep Singh Gill, MDS;[1] Himani Sheoran, MDS;[3] Namita Jain, MDS;[1] and Suraj Arora, MDS[2]

[1]Department of Conservative Dentistry and Endodontics, Jan Nayak Chaudhary Devi Lal Dental College, Sirsa (Haryana), India; [2]Department of Restorative Dental Sciences, College of Dentistry, King Khalid University, Abha, Saudi Arabia; [3]Private practitioner, Gurugram, India

HONOURING EXCELLENCE

Heartiest congratulations to **Dr. Sonali Taneja** on being conferred the prestigious Outstanding Dental Educator Award by the Pierre Fauchard Academy.

We extend our sincere best wishes for your continued success and many more achievements in the years ahead.



HEARTIEST

Congratulations

ON YOUR REMARKABLE ACHIEVEMENTS



DR. SATHISH ABRAHAM

Principal & Professor
SMBT Dental College and Hospital, Sangammer, Maharashtra

Dr Sathish Abraham has taken over as **Principal**, SMBT Dental College, Sangammer, Maharashtra.



DR. S. NAGALAKSHMI REDDY

Principal
G Pulla Reddy Dental College & Hospital, Andhra Pradesh

Appointed as **Senate Member** - NTR University of Health Sciences, Vijayawada, Andhra Pradesh



DR. T. MURALI MOHAN

Prof and HOD,
Government Dental College & Hospital, Vijayawada

Awarded as **Best Doctor** on National Doctor's Day- 01st July, 2026
Dr. NTR University of Health Sciences, Vijayawada



DR. SARJEEV SINGH YADAV

Principal, Prof & HOD
Government Dental College and Hospital, Hyderabad.

Appointed as **Chairman,** Postgraduate Board of Studies (Dental), KNRUHS

MOMENT OF PRIDE

PATENTS & COPYRIGHTS

DR. SUNANDAN MITTAL

PROFESSOR & H.O.D.

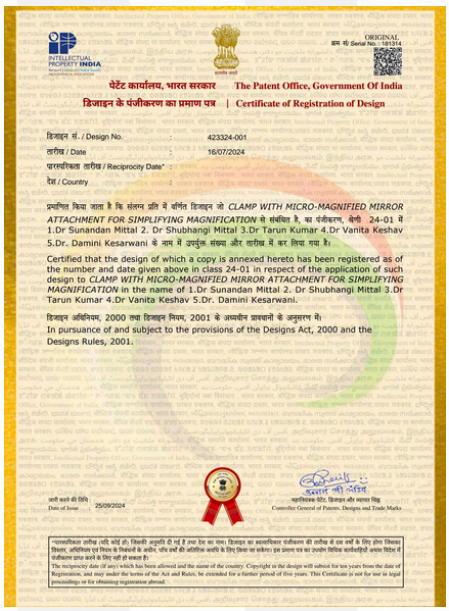
DASMESH INSTITUTE OF DENTAL SCIENCES & RESEARCH, FARIDKOT, PUNJAB

DR. SHUBHANGI MITTAL

DR. DAMINI KESARWANI

DR. TARUN KUMAR

DR. VANITA KESHAV



पेटेंट कार्यालय, भारत सरकार The Patent Office, Government Of India

डिजाइन के पंजीकरण का प्रमाण पत्र | Certificate of Registration of Design

डिजाइन सं. / Design No. 423324-001

तारीख / Date 16/07/2024

परस्परिकता तारीख / Reciprocity Date*

देश / Country

प्रमाणित किया जाता है कि संलग्न प्रति में वर्णित डिजाइन जो *CLAMP WITH MICRO-MAGNIFIED MIRROR ATTACHMENT FOR SIMPLIFYING MAGNIFICATION* से संबंधित है, का पंजीकरण, क्रमांक 24-01 में 1.Dr Sunandan Mittal 2. Dr Shubhangi Mittal 3.Dr Tarun Kumar 4.Dr Vanita Keshav 5.Dr. Damini Kesarwani के नाम में उपर्युक्त संख्या और तारीख में कर लिया गया है।

Certified that the design of which a copy is annexed hereto has been registered as of the number and date given above in class 24-01 in respect of the application of such design to *CLAMP WITH MICRO-MAGNIFIED MIRROR ATTACHMENT FOR SIMPLIFYING MAGNIFICATION* in the name of 1.Dr Sunandan Mittal 2. Dr Shubhangi Mittal 3.Dr Tarun Kumar 4.Dr Vanita Keshav 5.Dr. Damini Kesarwani.

डिजाइन अधिनियम, 2000 तथा डिजाइन नियम, 2001 के अध्यधीन प्रावधानों के अनुसरण में।

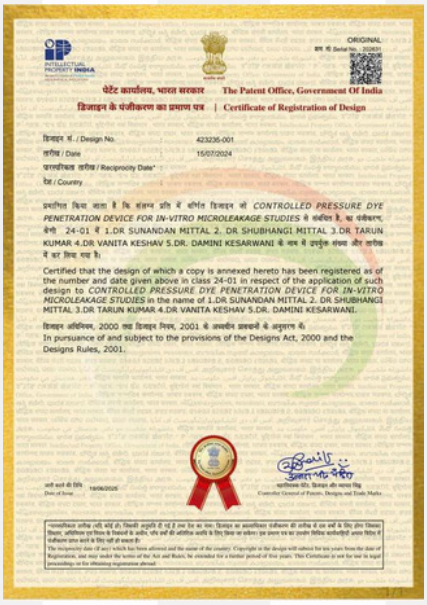
In pursuance of and subject to the provisions of the Designs Act, 2000 and the Designs Rules, 2001.

Date of Issue 25/09/2024

Controller General of Patents, Designs and Trade Marks

CLAMP WITH MICRO-MAGNIFIED MIRROR ATTACHMENT FOR SIMPLIFYING MAGNIFICATION

CONTROLLED PRESSURE DYE PENETRATION DEVICE FOR IN-VITRO MICROLEAKAGE STUDIES



पेटेंट कार्यालय, भारत सरकार The Patent Office, Government Of India

डिजाइन के पंजीकरण का प्रमाण पत्र | Certificate of Registration of Design

डिजाइन सं. / Design No. 423235-001

तारीख / Date 15/07/2024

परस्परिकता तारीख / Reciprocity Date*

देश / Country

प्रमाणित किया जाता है कि संलग्न प्रति में वर्णित डिजाइन जो *CONTROLLED PRESSURE DYE PENETRATION DEVICE FOR IN-VITRO MICROLEAKAGE STUDIES* से संबंधित है, का पंजीकरण, क्रमांक 24-01 में 1.DR.SUNANDAN MITTAL 2. DR.SHUBHANGI MITTAL 3.DR.TARUN KUMAR 4.DR.VANITA KESHAV 5.DR. DAMINI KESARWANI के नाम में उपर्युक्त संख्या और तारीख में कर लिया गया है।

Certified that the design of which a copy is annexed hereto has been registered as of the number and date given above in class 24-01 in respect of the application of such design to *CONTROLLED PRESSURE DYE PENETRATION DEVICE FOR IN-VITRO MICROLEAKAGE STUDIES* in the name of 1.DR.SUNANDAN MITTAL 2. DR.SHUBHANGI MITTAL 3.DR.TARUN KUMAR 4.DR.VANITA KESHAV 5.DR. DAMINI KESARWANI.

डिजाइन अधिनियम, 2000 तथा डिजाइन नियम, 2001 के अध्यधीन प्रावधानों के अनुसरण में।

In pursuance of and subject to the provisions of the Designs Act, 2000 and the Designs Rules, 2001.

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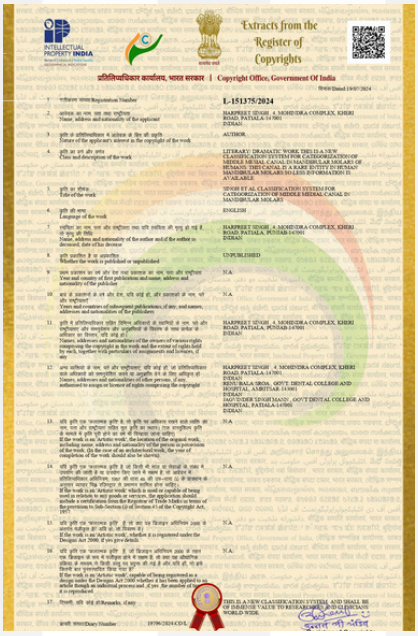
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DR. JAGVINDER SINGH MANN

SINGH ET AL CLASSIFICATION SYSTEM FOR CATEGORIZATION OF MIDDLE MEDIAL CANAL IN MANDIBULAR MOLARS



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AUTHOR

LITERARY DRAMATIC WORK THIS IS A NEW CLASSIFICATION SYSTEM FOR CATEGORIZATION OF MIDDLE MEDIAL CANAL IN MOLARS OF HUMANS. THIS CANAL IS A RARE ENTITY IN HUMAN MANDIBULAR MOLARS SO LESS INFORMATION IS AVAILABLE

SINGH ET AL CLASSIFICATION SYSTEM FOR CATEGORIZATION OF MIDDLE MEDIAL CANAL IN MANDIBULAR MOLARS

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THIS IS A NEW CLASSIFICATION SYSTEM, AND SHALL BE OF IMMENSE VALUE TO RESEARCHERS AND CLINICIANS WORLD WIDE.

INNOVATION IS THE SIGNATURE OF EXCELLENCE.

UPCOMING EVENTS

41ST IACDE NATIONAL CONFERENCE, BANGALORE



TEAM



DR. SAVITA TREASURER

DR. SAURABH HOSPITALITY COMMITTEE

DR. ADARSHA SCIENTIFIC CHAIRMAN

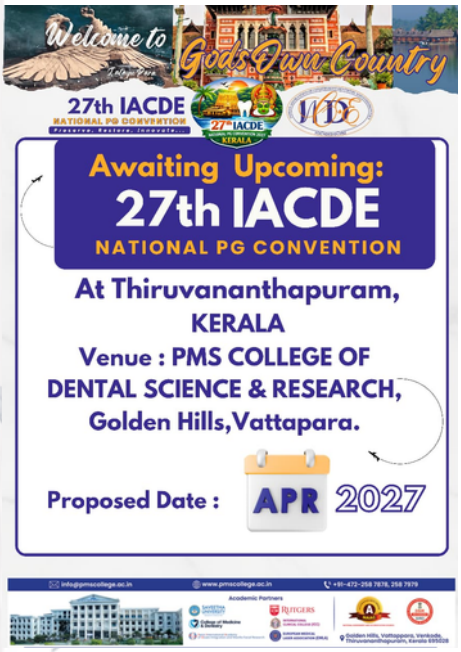
DR. MOHAN THOMAS ORGANISING CHAIRMAN

DR. KIRAN KUMAR ORGANISING SECRETARY

DR. SEEMA REGISTRATION COMMITTEE

DR. BIJI SCIENTIFIC CONVENER

27TH IACDE PG CONVENTION, KERALA



TEAM



DR VINEET R.V TREASURER

DR SANDEEP CHANDRAN SCIENTIFIC CHAIRMAN

DR AFZAL .A ORGANISING SECRETARY

ORGANIZING COMMITTEE MEMBERS

DR ASIQ IBRAHIM
DR HENA SALIM
DR MITHUN
DR PARVATHY
DR ABHIRAMI

DECIPHERING THE POLYWAVE REVOLUTION:

A photonic shift in modern dental photopolymerization



Dr. Afsal A
Professor & HOD,
PMS College of Dental Science and Research,
Vattapara, Trivandrum, Kerala.



Dr. Vineet R V
Professor,
PMS College of Dental Science and Research,
Vattapara, Trivandrum, Kerala.

ABSTRACT

The clinical success of modern resin restorations depends strictly on matching the light unit's emission spectrum with the composite's photoinitiators. While conventional monowave LEDs efficiently target Camphorquinone, they underperform when encountering modern, non-yellowing resins that incorporate alternative initiators like Lucirin TPO and Ivocerin. Polywave units bridge this gap by clustering distinct blue and violet LED chips to deliver a broad spectrum (~380–515 nm) that completely excites the full photoinitiator mosaic. This comprehensive wavelength coverage ensures a high degree of macromolecular conversion and uniform microhardness throughout the material. This review analyzes how polywave light units optimize polymerization in modern multi-initiator composites while managing clinical and thermal safety constraints.



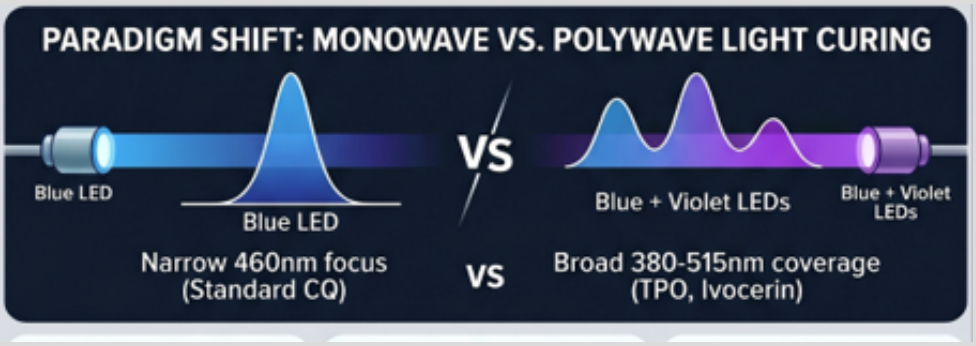
THE CORE SHIFT:

MONOWAVE VS. POLYWAVE

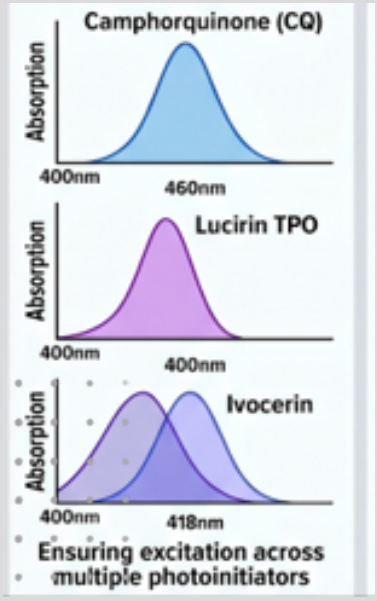
Traditional monowave LED units function as single-peak light sources, emitting a narrow spectral band between 440 nm and 480 nm to target CQ at 460 nm. While highly effective for conventional materials, this narrow spectrum underperforms when encountering modern resin formulations. Polywave units solve this by combining structurally distinct blue and violet LED chips under a single lens tip.12 This setup delivers a broad emission spectrum spanning 380 nm to 515 nm, providing the photon energy required to activate the diverse photinitiators used in modern dentistry.

PARADIGM SHIFT:

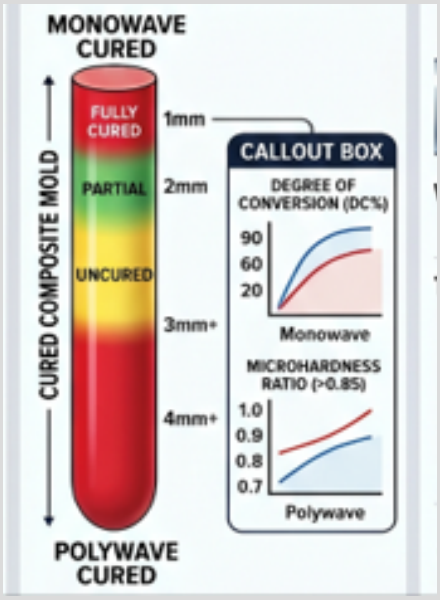
MONOWAVE VS. POLYWAVE LIGHT CURING



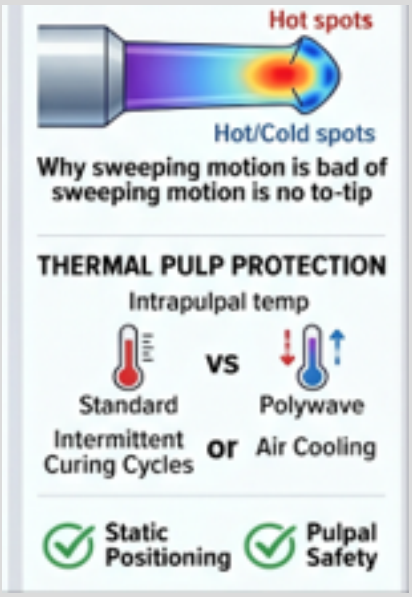
DECIPHERING THE INITIATOR MOSAIC



THE CLINICAL PAYOFF: MICROHARDNESS & DEPTH OF CURE



BIOPHYSICAL CONSTRAINTS & CRITICAL LIGHTS



QUANTUM MECHANICS AND THE INITIATOR MOSAIC

The shift to alternative photoinitiators is driven by aesthetics.
Because CQ has an intensely yellow tint, it limits the production of ultra-white bleach shades and translucent incisal layers.3 To achieve true color stability, manufacturers introduced colorless alternatives:

- CAMPHORQUINONE (CQ): ABSORBS AT 460 NM (BLUE SPECTRUM) AND REQUIRES A YELLOWING AMINE CO-INITIATOR TO GENERATE FREE RADICALS.4
- LUCIRIN TPO: ABSORBS STRICTLY AT THE NEAR-ULTRAVIOLET/VIOLET BOUNDARY AT 380–420 NM. IT IS COMPLETELY COLORLESS AND SPLITS VIA A UNIMOLECULAR PROCESS WITHOUT NEEDING AN AMINE CO-INITIATOR.5
- IVOCERIN: A DIBENZOYL-GERMANIUM DERIVATIVE ACTING AS A "POLYMERIZATION BOOSTER" WITH A PEAK ABSORPTION AT 418 NM. ITS HIGH MOLAR EXTINCTION COEFFICIENT ALLOWS DEEP CROSS-LINKING ACROSS 4 MM BULK-FILL LAYERS.2,6

Parameter	Monowave LED Systems	Polywave LED Systems
Spectral Range	Narrow spectrum (~440–480 nm) (1,2)	Broad spectrum (~380–515 nm) (1,2)
Initiator Targets	Camphorquinone (CQ) exclusively (1,2)	CQ + Lucirin TPO, Ivocerin, and PPD (1,2)
Curing Depth	Compromised at deeper increments (~3.6 mm) (1)	Thorough through-cure (Up to 4.3 mm) (1)
Thermal Profile	Moderate intrapulpal temperature rise (1,2)	High radiant thermal generation (Up to 12°C rise) (1)

The Chemical Conundrum:

If a standard Blue Monowave Light is used on a composite containing TPO or Ivocerin, those molecules remain unexcited. The blue wavelengths lack the photon energy needed to break these lower molecular bonds, resulting in soft deeper layers, unreacted monomer leaching, and early restoration failure.1,3

POLYMERIZATION DYNAMICS AND MECHANICAL GAINS

Broad-spectrum activation yields clear mechanical improvements at the deeper floor of cavity preparations:



Higher Degree of Conversion: Polywave units achieve uniform conversion rates between 83.7% and 92% in materials with alternative initiators. Monowave units underperform on these same matrices, dropping to a compromised 70% to 81% conversion due to the wavelength mismatch.



Optimized Microhardness Profiles: Load-bearing restorations require a bottom-to-top microhardness ratio of at least 0.80 to 0.85. Polywave curing maintains this optimal Knoop/Vickers hardness ratio throughout a full 4 mm deep profile. Under monowave curing, hardness degrades rapidly past 3 mm, predisposing the restoration to microleakage and internal fracture.

BIOPHYSICAL CONSTRAINTS: CLINICAL WATCH

Implementing polywave systems requires managing two distinct technical vulnerabilities:



BEAM NON-UNIFORMITY:

Because separate blue and violet LED chips are grouped under one lens, the emission across the tip is not uniform, creating localized spectral "hot spots" and "cold spots". Operators must maintain a strictly static, steady, and perpendicular 90-degree alignment over the cavity. Waving or moving the tip causes highly uneven cure zones.



THERMAL PULPAL SAFETY:

Driving high-energy violet LEDs generates substantial radiant output, which can raise intrapulpal temperatures by up to 12°C. In deep cavity preparations near vital pulp chambers, clinicians should use short, intermittent split-curing cycles or external air cooling to protect the pulp.

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SPOTLIGHT

"TURNING VISION INTO REALITY: MY JOURNEY OF ORGANISING A CONFERENCE - EXPERIENCES, LESSONS AND TAKEAWAYS"



Dr. Shishir Singh

Dean, Prof. & Head,
Terna Dental College,
Navi Mumbai

IN THE WORDS OF DR. A. P. J. ABDUL KALAM,
"YOU HAVE TO DREAM BEFORE YOUR DREAMS COME TRUE; AND DREAM IS NOT THAT YOU SEE IN SLEEP, DREAM IS SOMETHING THAT DOES NOT LET YOU SLEEP."

Dear friends and colleagues, this is exactly the feeling and emotion that I went through for the 39th IACDE National Conference, Mumbai

THE SPARK OF A CLEAR VISION

Every successful conference begins long before the doors open. It starts with a well-defined theme, target audience, and scale that guides every future decision.

When our team conceptualized the 39th IACDE National Conference in Mumbai, our vision was clear: bring top-tier didactics and hands-on workshops to postgraduate students in a world-class environment. By anchoring the event to the core theme of RACE (Resto-Aestho-Cons-Endo) and highlighting the frontier of Artificial Intelligence, we gave our committees a precise, definitive direction.



BUILDING THE CORE TEAM

No individual can manage an event of this scale. You must establish dedicated committees for scientific affairs, finance, hospitality, registrations, and sponsorships, ensuring each member takes absolute ownership of their portfolio.

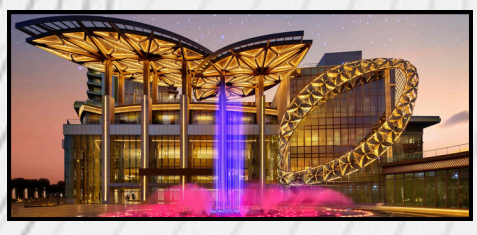
Our journey caught fire over a simple conversation with my classmate and colleague, Dr. Rajesh Podar. His immediate, unhesitating response—"Let's Do It! set a chain reaction in motion. This enthusiasm quickly swept through our department at Terna Dental College, drawing in Readers

Dr. Gaurav Kulkarni, Dr. Padmini Chandrashekhar, Dr. Roshan Shetty, and Dr. Avinash Salgar, followed by a tireless staff execution team including Doctors Swapnil, Anuprita, Teena, Navin, Sarathi, Musharraf, Sushmita, Alreem, and Junaid.

VENUE SELECTION & WINNING THE MANDATE

The next challenge was selecting the right venue. We visited and carefully evaluated several options, constantly asking ourselves one fundamental question: "Will this venue help us fulfil our dream?" Alongside this guiding thought, we also had to check practical considerations such as capacity, accessibility, logistics, and budget to ensure the venue aligned with both our vision and operational requirements.A venue must look beyond checkboxes and match the aesthetic and academic scale of your ambitions. Furthermore, securing the hosting rights requires presenting a watertight logistical and financial blueprint to your national governing body.

Guided by our Hon. Secretary, Dr. Mohan Kumar, we set our sights on the iconic Jio World Convention Centre. Hosting a postgraduate national dental conference there was an unprecedented, high-stakes risk—but a necessary one to raise our specialty's benchmark. Armed with this vision, our team traveled to the 2023 IACDE AGM in Bhopal. By presenting a tight proposal balancing premium academics, trade logistics, and hospitality, we won the overwhelming support of the floor against heavy competition.



CULTIVATING IDENTITY

A successful conference needs a cohesive brand and a broad community network. To establish our identity,Dr. Ameya Lokhande designed a striking logo capturing the Mumbai skyline while paying homage to Maa Saraswati, the Goddess of Knowledge.

EXPANDING THE NETWORK
लोग जुड़ते गये काफिला बढ़ता गया

As the project grew, we expanded our caravan by convening a meeting of dental college teachers and heads of departments across Maharashtra, receiving an overwhelming wave of volunteers. Simultaneously, our Trade Fair Committee designed tiered corporate brackets (Principal, Platinum, Gold, and Silver) to secure vital sponsorship resources while providing industry partners with high-visibility trade stalls.

DESIGNING THE ACADEMIC HEARTBEAT

The scientific programme is the intellectual core of any conference. It requires a flawless structure that balances masterclass lectures with hands-on sessions without scheduling overlaps.

We curated a dynamic four-day itinerary:

- Day 1: Competitive student paper presentations, posters, table clinics, and free, intimate pre-conference workshops (limited to 25 participants per session to maximize clinical value).
- Days 2 & 3: Masterclass lectures and premium symposia featuring eminent teachers from across India.
- Day 4: Final scientific tracks and a seamless valedictory function.

To protect academic integrity across these packed sessions, our chairpersons and judges maintained a completely fair, transparent, and unbiased evaluation process.







NAVIGATING THE COUNTDOWN & LAST-MINUTE CHALLENGES

As the event approaches, meeting frequencies must accelerate from monthly to weekly huddles. In the final pressure cooker phase, sleep becomes a luxury, checklists multiply, and unexpected logistical or financial crises will emerge.

During our final push, welcoming DCI President Dr. Dibyendu Muzumder for a special venue inspection provided invaluable external insights. With accessible leaders like Organizing Chairman Dr. Vibha Hegde and Conference Secretary Dr. Muhammad Sagir just a phone call away, we learned that leadership isn't about avoiding chaos, but navigating it with composure. Through teamwork, sudden morning crises regularly transformed into funny stories by lunchtime.



VALEDICTORY FUNCTION

The final segment of the conference was the valedictory function, which required the gracious presence of all the office bearers of IACDE and the organizing committee members.



THE DELEGATE EXPERIENCE & THE LASTING TAKEAWAY

Beyond heavy academics, delegate satisfaction relies on efficient organization, smooth hospitality, and vibrant networking escapes.

Our Hospitality Committee curated entirely non-repetitive menus and round-the-clock refreshments to keep energy high. To balance the intense learning, we organized sports tournaments, an impromptu faculty fashion show during the Grand Banquet, and a live band beneath the regal Swarovski crystals of the Lotus Room for the Presidential Dinner.

When the inaugural morning finally arrives and you look out at packed lecture halls, the months of stress instantly dissolve. The ultimate takeaway is that while the curtains eventually fall and the physical venue is cleared away, the professional standards raised, the transparent communication systems built, and the deep bonds of teamwork forged will continue to inspire your community long after the final valedictory ceremony is over.



From Delegate to Speaker

MY IACDE Journey



DR. KAVALIPURAPU VENKATA TEJA

Chief Micro-Endodontist , Associate Professor

The Dental Office by A & T, Hyderabad, India

Today I'm trying to pen the non-plagiarised, non-AI-generated human emotion of sharing the greatest journey of mine, from being a presenter to one of the youngest national speakers. I'm writing a heartfelt message about my journey rather than a boring write-up. This write-up is for someone who always felt unlucky.

This write-up is for someone who never won prizes at national or international conferences or got their research articles rejected. This is for someone whose attempts failed at every step of their postgraduate journey.



THE BEGINNING

> I always took every failure to build my success story today.

Like every other postgraduate, my journey started with financial, academic, and emotional hurdles. I vividly remember my first presentation at the IACDE National Conference in Chennai. Like every first-year postgraduate, I presented a review article. I was nervous, sweating, and unsure of myself.

I was just another postgraduate sitting in the audience when I attended Dr. Sai Kalyan Surapaneni's lectures. Whenever I heard that he was delivering a guest lecture, especially on regenerative endodontics, I never wanted to miss it. I admired the way he connected with the audience and translated science into clinical practice. Every lecture made me imagine myself standing on that stage one day. At that time, it was only a dream, but I never stopped believing in it.

Years later, after establishing my microscopic practice, I made a conscious decision to document every challenging case with the highest possible quality. It demanded time, patience, and precision, but I believed that quality always matters more than quantity. I started sharing my clinical work online by tagging the mentors and companies whose products I genuinely used. Slowly, people began appreciating my work. As my confidence grew, I gathered the courage to share a few of my ideas with Dr. Sai. He showed genuine interest, appreciated my work, and encouraged me. That interaction became the beginning of a relationship that would eventually change my journey.

Over time, Dr. Sai became much more than a mentor. I always believe he is my godfather in life, who identified and encouraged the real speaker within me.

Looking back, I realised that opportunities rarely come searching for us. We have to make ourselves visible through our work. If you genuinely do quality work, document it, share it confidently, and let your work speak for itself. It does not matter where you begin. What matters is where your journey takes you.To every fresher reading this, my advice is simple. Never wait for the perfect opportunity. Work on your clinical skills, participate in research, document your best cases, learn to communicate, and seek mentors who inspire you. Attend conferences, observe great speakers, ask questions, and never hesitate to approach them with genuine ideas.

SUPPORT SYSTEM



I always believe life doesn't happen by chance. It's always what you imagine and interpret yourself to become. I believe in manifestations. When I first presented at the IACDE conference, I imagined that one day I would become a speaker. I have no answer for this, but we have to believe. I also believe that in life, you don't meet people by chance, but everything happens with a purpose. In this journey, I met a sweet-hearted and luckiest person in my life, Dr. Kanwalpreet Kaur Bhullar ma'am, without whom today would not have been possible and I would not have got this greatest opportunity. I would also like to sincerely thank Dr. Jagat Bhushan sir, Organising Secretary of the IACDE Chandigarh Conference, and Honorary Secretary IACDE, Dr. Mohan Kumar RS for believing in me and giving me the opportunity to be an invited speaker on one of the biggest stages of my career. I will always be grateful for their support. Even the best talents will never get recognised if they don't have a person to support them. Finally, the day came and I stood on the biggest stage of my life, as invited speaker at 41st IACDE national conference in November 2025.



This journey is for someone who always felt unlucky or who always wondered when their day would come. It will come. Always believe in God. God or supreme power is not somewhere else. It is within us, that's it. This journey was not easy without my wife, Dr. Kaligotla Apoorva Vasundhara's support. This entire journey was never a single-man journey. I will always owe my success to my uncle, Kaligotla Bhanoji Rao, who stood by my side from the initial days of my career. After my dad, the only person who believed that I can do differently is him.



SO, MY FINAL NOTE IS THIS. ALWAYS BELIEVE IN MANIFESTATIONS. YOU WILL ACHIEVE AND ACQUIRE ANYTHING AND EVERYTHING.

From the Mind of a **Master Clinician**

INSIGHTS. EXPERIENCE. INSPIRATION.

My Journey as a **KEY OPINION LEADER:** Learning, Teaching and Creating Impact



DR. JAYSHREE ANIL HEGDE

A Journey of Passion, Precision, and Purpose in Endodontics and Aesthetic Dentistry

"Excellence in dentistry begins with precision, innovation and lifelong learning"

The platform that the KOL role provides allows me to combine my love for learning, teaching, and clinical excellence.

Greetings to all the readers,

In this short write-up, I would like to share my journey as a Key Opinion Leader (KOL) for two leading dental companies, Coltene and Ivoclar.

My journey truly began in 2010, when I was heading the Department and had just published my first book in Endodontics, and the writing process enriched my knowledge significantly.

The experience not only empowered me but also enhanced my teachingbilities, especially in two areas that still fascinate me: the science of NiTi alloys and the complexity of microbial existence in the oral cavity in general, and root canals in particular.

To truly understand these topics which form the very foundation of modern endodontics, I had to step far outside my comfort zone. Around this time, I also developed a deep passion for clinical documentation. I was fortunate to have access to an operating microscope, which not only enhanced the quality of my treatment but also allowed me to document cases with great precision and clarity.



EARLY KOL EXPERIENCES

When Coltene approached me to lecture on their newly released rotary files based on controlled memory wire, I was initially hesitant. I had experienced file separation in three of my own cases, and that made me cautious. However, I decided to give the system a fair trial. After several months of consistent use and careful documentation, I realized the potential of this technology. Within six months, I had enough well-documented cases to share meaningful, evidence-based experiences with my colleagues.





Today, nearly 16 years later, documentation has become an integral part of my practice. Every case is different and teaches us something. The platform that the KOL role provides allows me to combine my love for **learning, teaching, and clinical excellence** in a very special way.

In 2014, I became a KOL for Ivoclar India and started speaking on aesthetics both direct and indirect. Joining some of the leading esthetic dentistry academies further refined my understanding and completely transformed my esthetic practice.

One of the most **rewarding aspects** of being a KOL is the opportunity to use materials and technology before they are released to the market. We test them in real clinical situations, provide honest feedback, and see that feedback incorporated into product improvement. It is gratifying to know that our day-to-day clinical experiences can directly influence the quality of materials that thousands of clinicians will eventually use. As key opinion leaders, we bear a significant responsibility in sharing knowledge, ensuring that our information is grounded in solid scientific data. This commitment to accuracy and integrity is crucial in maintaining credibility and influencing positive change within our communities.

From my experience, some **key requirements** to become a KOL include:

- *Strong clinical documentation of cases using materials and techniques you truly believe in*
- *Deep knowledge of your subject, backed by continuous learning*
- *Good oratory and presentation skills, to communicate clearly and inspire confidence*
- *A willingness to travel and interact with dentists from different regions and backgrounds*
- *Long-term follow-up documentation, which adds immense credibility to your work and message*





Becoming a KOL offers **practical advantages**, including financial honorariums and fully covered travel and accommodation that allow you to focus entirely on sharing knowledge. Long-term collaborations with industry leaders like Coltene and Ivoclar build lasting mutual respect, trust, and professional satisfaction. Ultimately, the role allows you to seamlessly blend clinical practice, research, documentation, teaching, and travel into a single fulfilling journey, broadening your perspective on dentistry and providing a powerful platform to contribute back to the profession.



The Entrepreneur Who Turned a Dental Clinic into a Global Manufacturing Powerhouse

DR.FEMINATH GOPINATHAN

MDS CONSERVATIVE DENTISTRY AND ENDODONTICS
MASTERS IN CORTICOBASAL IMPLANTOLOGY

Ananthapuri Super Speciality Dental Clinic
Karthika, Manjadimoodu, Vattiyoorkavu,
Thiruvananthapuram - 13. Kerala, India.

My entrepreneurial journey began during my post-graduation in Conservative Dentistry and Endodontics at the Government Dental College (1999–2002). This era marked the introduction of rotary file systems, such as Dentsply's ProFile, to the Indian market. As an enthusiastic young future endodontist, I eagerly adopted this technology despite its steep cost—approximately ₹2,000 at the time, which was a massive financial expenditure.

However, I was immediately confronted with the clinical nightmare of instrument separation, sometimes occurring as early as the second canal. While manufacturers introduced new files to address this, so that the files showed visible signs of stress deformation, making it incredibly possible to know when to discard them before an unexpected fracture occurred.Further research intended to improve the product proved somewhat counterproductive.Logically any sudden variation in diameter creates a potential stress concentration which decreases torque resistance even though flexibility may be increased.

As a clinician in India, I faced two distinct hurdles:

The Economic Barrier: High import costs made advanced endodontics unaffordable for the masses.

Predictability Issues: Unexpected instrument failure compromised clinical outcomes. I realized that if we wanted to make predictable, high-quality root canal treatments affordable to the wider public, we needed a homegrown solution. I envisioned a future where Indian endodontics did not depend on foreign markets, ultimately boosting our national economy by reducing import reliance and driving export growth.

FUNDING THE DREAM: FROM ONE CHAIR TO NINE

For years, these ideas remained dormant but highly focused. I knew that building a manufacturing unit from scratch would require immense capital, so I devised a precise financial strategy: I would scale my clinical practice to entirely self-fund my research and development.

In 2009, I started with where most dentists do—with a single dental chair. By 2017, through sheer dedication, the practice had expanded into a 9-chair clinic to accommodate the patient inflow. This practice became the financial engine that allowed me to finally pursue my manufacturing dreams.

OVERCOMING OBSTACLES & NAVIGATING BUREAUCRACY.....

In 2009, the journey began with a single dental chair. There were no outside investors, no venture capital, and no institutional funding. The strategy chosen was completely unconventional for the medical device industry: scale clinical practice to self-fund innovation. By 2017, that single chair had grown into a thriving nine-chair clinic, built entirely through reinvested clinical revenue. This clinic became far more than a healthcare facility; it transformed into a self-sustaining R&D engine for manufacturing ambition.

When it came to choosing a location to start the project,I had multiple options.several states are industrial friendly ,but distance was an issue. To maintain direct, hands-on monitoring during the critical incubation phase, I chose to establish our facility at the Bio 360 Life Sciences Park, located an hour from my residence. We submitted our project proposal and land application to the Kerala State Industrial development Corporation (KSIDC). Repeated postponements of the board meeting caused the land allotment to be delayed by six months , the processing and sanctioning of the institutional loan faced severe bureaucratic delays. Refusing to let the project stall, I made the bold decision to completely self-fund the factory's construction, completing it within a year using my own clinical revenues

BUILDING THE FUTURE ON CLINICAL TRUTH

DEFYING INTERNATIONAL STANDARDS THROUGH INNOVATION

While the global market moved toward fixed tapers, variable progressive/regressive tapers, and reciprocation, my clinical and scientific insight told me something else: if raw materials and heat-treatment parameters are kept constant, you can achieve superior control memory and flexibility. Furthermore, while international brands claimed geometric superiority through Finite Element Analysis (FEA), my hands-on manufacturing trials revealed that certain taper variations drastically compromise torsional resistance. We knew we could do better.

Through rigorous trial and error—constantly manipulating temperatures, timing, and geometric designs—we benchmarked our prototypes against the leading international file systems. The result was Hanudent Files: a predictable, highly flexible, and ultra-fracture-resistant file system that outperforms major global competitors at a fraction of the cost.

TRAINING A SPECIALIZED TEAM

Six months before the facility was completed, I selected five individuals to form the core of my manufacturing team. To prepare them, I integrated them directly into my clinical workflow. They assisted me in every endodontic procedure, learned exactly what a clinician looks for in a premium instrument, and masterfully handled file selection and quality inspection. Once they fully grasped the intricate mechanics of endodontic files, I invested in sending them abroad for specialized technical training. By the time they returned, our factory equipment was fully installed and ready for operation.

THE VISION AHEAD: CAPTURING THE GLOBAL MARKET

Today, Hanudent is a private limited company on a definitive path to becoming a public limited company . We are expanding our portfolio to develop comprehensive systems that enhance the entire root canal ecosystem, followed by wider dental manufacturing.



OUR GLOBAL EXPANSION STRATEGY IS ACTIVELY UNFOLDING:

Strategic Alliances: We have signed historic Memorandums of Understanding (MOUs) with prestigious institutions, including the Sree Chitra Tirunal Institute for Medical Sciences and Technology and the Rajiv Gandhi Centre for Biotechnology.

Regulatory Milestones: We have secured ISO certification, which fully opens the doors to the Middle Eastern market, where we are ready to launch immediately.

Global Access: We are currently pursuing CE certification for Europe and are planning our FDA approval timeline over the next year. Because FDA compliance requires significant capital, we intend to aggressively capture the Middle Eastern and domestic markets first to fund this final global push. Ultimately, our goal is to invite the Indian dental community to become major shareholders in this venture. We want Hanudent to be a company built by dentists, for dentists, ensuring our community grows collectively.

The journey has been filled with immense hardships, but every struggle has been profoundly worth it. In the end, this enterprise is about giving back to the society and the nation that shaped me.

Jai Hind

This is not just a company scaling globally.
It is a clinical insight transformed into an industrial system.

— JAI HIND

BENEATH THE MASK: THE UNTOLD JOURNEY OF WOMEN IN DENTISTRY

Breaking Barriers



DR. SMITHA REDDY
Professor
Sri Sai College of Dental Surgery, Vikarabad, Telangana

The journey of female dentists from the past to the present shows both progress and ongoing challenges, especially when it comes to balancing professional and personal life. In the past, women had very limited opportunities in this profession due to deeply seated societal restrictions and gender bias. One had to drill through those barriers to become successful dentists and often struggled with long working hours, lack of support, and expectations to prioritize family over career. Today, the situation has improved significantly, with many women entering and succeeding in this field, supported by better education systems, advanced technology, and more structured work environments. However, there are more holes to fill, other than just cavities.

This profession remains highly demanding and balancing not only smile lines but also duties such as patient care and continuous learning with added on family responsibilities is still a task. From my perspective, achieving this balance requires strong time management, supportive family and workplace environments, and conscious self-care. It also depends on making thoughtful career choices that align with personal priorities. While challenges cannot be completely eliminated, I believe that with determination, planning, and institutional support, female dentists can successfully manage both their professional responsibilities and personal well-being, creating a fulfilling and sustainable career.

The Road to Revolution

Lucy Hobbs Taylor refused to accept a world that told her "no." In the mid-1800s, when dental schools denied women entry, she didn't give up—instead, she studied privately under a supportive dentist and taught herself relentlessly. With determination stronger than rejection, she opened her own practice, proving her skill through action rather than permission.

Patients trusted her, success followed, and eventually the same institutions that once rejected her were forced to recognize her talent—she was finally admitted and graduated, becoming the first woman to earn a dental degree.

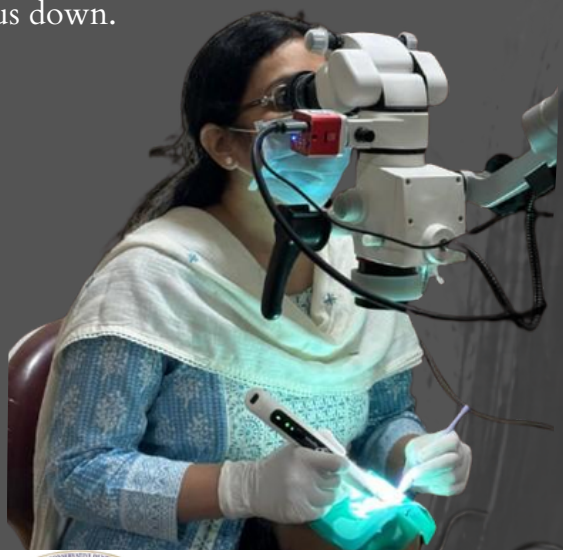


Hadn't she stepped out of the shadows, we wouldn't be where we are right now. Must I say she is the first woman to earn a doctorate in dentistry. Balance isn't something she had from the beginning—it's something she learned through struggle. In her early days, ambition probably consumed everything. Long hours, constant proving of her worth, the pressure to succeed in a space that doubted her. There would have been moments where her personal life faded into the background—missed gatherings, quiet loneliness, emotional exhaustion.

Her journey wasn't just about becoming a dentist; it was about breaking a system that underestimated her, and showing that persistence can turn exclusion into history. Today she is known to be the first female dentist of our time.

Regenerating Smiles and Self

Maybe balance isn't just about setting perfectly timed appointments and conditioning ourselves to strict schedules. Maybe it is about intentional living, eradicating limiting beliefs, cultivating strong affirmative sessions for self and trying to compensate for our lack of presence in the natural atmosphere after being subjected to the stress of a chaotic day. Spending time in self-reflection and grounding ourselves and sticking to the minimalism and normalcy of life. We all belong to a generation where there is always a need for constant evolution and upgradation. I can safely say that being a woman dentist in 2026 is still challenging enough and to put character to the above statement, it is still difficult to be an ambition-driven woman in a generation that is still recovering from the patriarchal system of running the world. The world is still evolving, or must I say that there is a lot more complexity to the way society functions than we presume. To stand out amongst all the atrocities, injustice, challenges, and subjection to class, we, not only as dentists but as Women, must have a firm voice and hold dignity in our hearts but also be humble and modest enough to understand that there will always be something or someone that will try and bring us down.



Finding Harmony

To relate this to the magnificently unique anatomy of the tooth, the hard enamel and dentin function like a knight in armour, beautifully protecting the delicate pulp and preserving its integrity and purpose. In the same way, we too must learn to protect our inner peace, for there is so much beyond the pulp—just as there is so much beyond what we often presume or perceive on the surface. Understanding this is the key to balance. Amongst all the existential aspects of survival, it is more and most important to understand the necessity of being strong in our minds to bridge the gap between then and now. I believe that it is important for us to have a healing approach to life, work, and family





BEYOND DENTISTRY

VICE PRESIDENT'S

KITCHEN SPECIAL

A Taste of Assam

Assamese Style Til Chicken

(Sesame Chicken)

A rich, smoky and nutty Assamese delicacy where roasted black sesame transforms chicken into a deeply flavourful comfort dish.





Recipe by

Dr Mukut Seal

Vice President, IACDE

> "Great cooking, like great dentistry, demands patience, precision, and passion."

INGREDIENTS

- 750 g chicken (with bone preferred)
- 4 tbsp black sesame seeds (til)
- 2 onions, finely sliced
- 1 tbsp ginger paste
- 1 tbsp garlic paste
- 2–3 green chillies
- 1 tomato (optional)
- 1 tsp turmeric powder
- ½ tsp black pepper powder
- Salt to taste
- Mustard oil – 4 tbsp
- Fresh coriander leaves



PREPARATION OF TIL PASTE

1. Dry roast sesame seeds on low flame until aromatic.
2. Let cool slightly.
3. Grind with warm water into a smooth thick paste.



COOKING METHOD

1. Heat mustard oil until slightly smoky.
2. Add onions and fry until golden brown.
3. Add ginger-garlic paste and sauté well.
4. Add chicken pieces, turmeric and salt. Cook on medium flame for 10–12 minutes till the chicken releases moisture.
5. Add green chillies and tomato.
6. Now add the roasted til paste and mix thoroughly.
7. Cook on low flame for another 15–20 minutes. Stir occasionally so the sesame paste does not stick.
8. Sprinkle black pepper powder.
9. If needed, add a little warm water for gravy consistency.
10. Finish with coriander leaves.

TIPS FOR AUTHENTIC ASSAMESE TASTE

- Use black sesame seeds instead of white for deeper flavour and darker colour.
- Mustard oil gives the traditional Assamese aroma.
- Avoid excessive spices so the nutty til flavour dominates.
- You can also add a small amount of roasted bhut jolokia for extra heat.

BEST SERVED WITH

Steamed rice | Joha rice | Simple dal and salad

Benefit of *Doubt*



Dr. Jessica Kommu, MDS- 1
Sri Sai College of Dental Surgery, Vikarabad, Telangana

Ever since the beginning of fall this year, I've been contemplating about certain things , like...what is right what is wrong , what is mine what is not, what is broken and what is to be fixed.

Am I enough?

Who is to be trusted with our vulnerabilities, our fears, our anxieties, or our pet peeves?

No one, anyone, and everyone can use those against us someday.

Have we seen this coming?
Maybe yes, maybe no.

And what will you do about it?
Nothing.

See, sometimes that is exactly what love makes us do,
makes us silently accept the fact that we somewhere, at some point, have given someone else the power to put us through all that.
We go through it.

But the real point is this:
When will you take back those powers?
When will you reclaim your emotional dependency and your constant seeking?
When will you finally see that it's all in your brain?

Maybe now.
Or maybe never.

You see how I use the term maybe?
Choosing to get it over with is easy, yet we choose not to. Half of the time, we are locked in an intense war about what is right and what is wrong.

Nobody truly knows—well, on what basis are we to judge these things anyway? What is your criteria?
Everything in life will be subjected to this judgment.
It is entirely up to us to see that we, for the rest of our lives, don't end up haunted by the decisions we take.

Sometimes, a postgraduate goes through seasons of deep self-reflection, relentless self-criticism, and even self-sabotage.
Behind every tired smile, every late night, and every moment of doubt is a story that others may never fully understand.

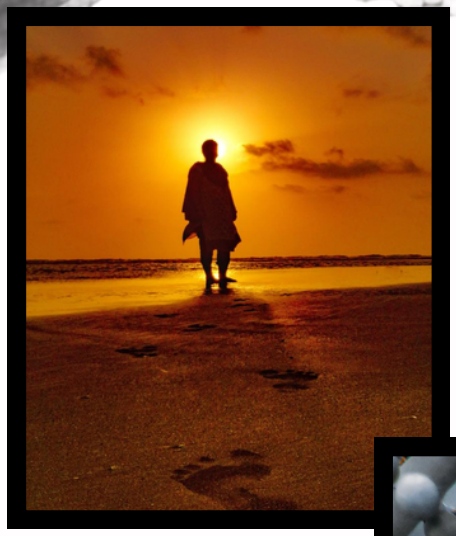
We all carry different struggles, responsibilities, and dreams that led us to choose this path.
So while the journey may look the same from the outside, each of us is fighting battles that are uniquely our own.



I am giving myself the benefit of doubt.
Are you?

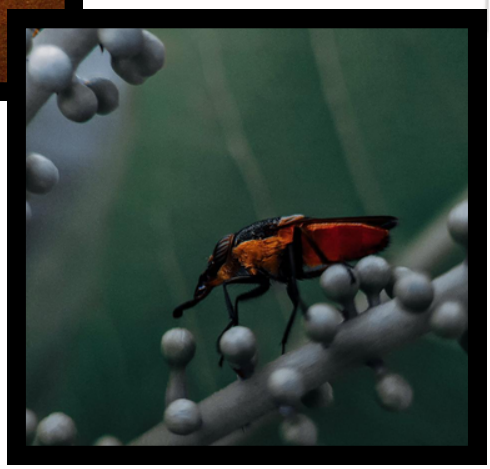
A little kindness—to others and to ourselves—can go a long way.
To believe that you are enough how ever you are, no matter what your record sheet says about you, what is broken can be fixed and what is yours may or may not stay yours, but what you are will always be.

Make peace with it.
Evolve.



Following Mother's Footsteps,

Every step we take carries her love, strength, and guidance beside us.



Every living thing carries its own kind of elegance.



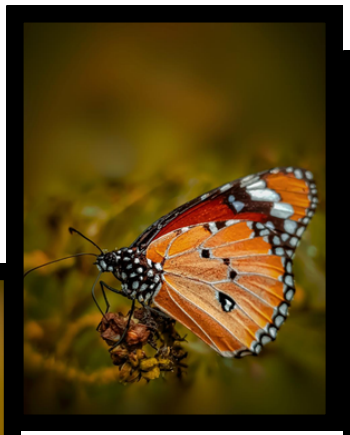
DR. DAMINI VILAS PATIL

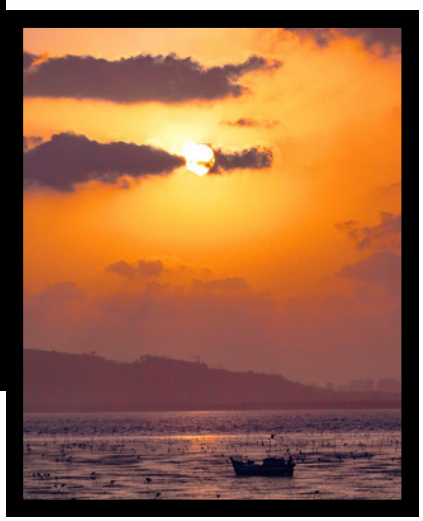
Assistant Professor
Dr. G.D. Pol Foundation
Y.M.T. Dental College
and Hospital, Kharghar,
Navi Mumbai



Walking into sunsets with the right people hits different.

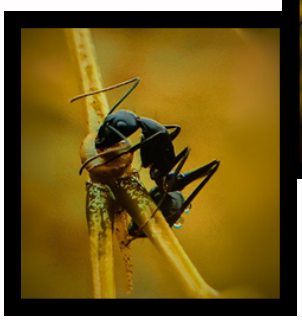
Even the smallest wings carry endless beauty...





Sunsets are proof that nature paints the most beautiful endings...

Even the smallest lives teach the greatest lessons...







DR. SIDDHI SHIVPRASAD NEVREKAR

Senior Lecturer

Dr. G.D. Pol Foundation Y.M.T.
Dental College and Hospital,
Kharghar, Navi Mumbai



DR. GARIMA ARORA

Senior Lecturer

Dr. G.D. Pol Foundation Y.M.T.
Dental College and Hospital,
Kharghar, Navi Mumbai



A RISING STAR IN DENTISTRY AND DANCE

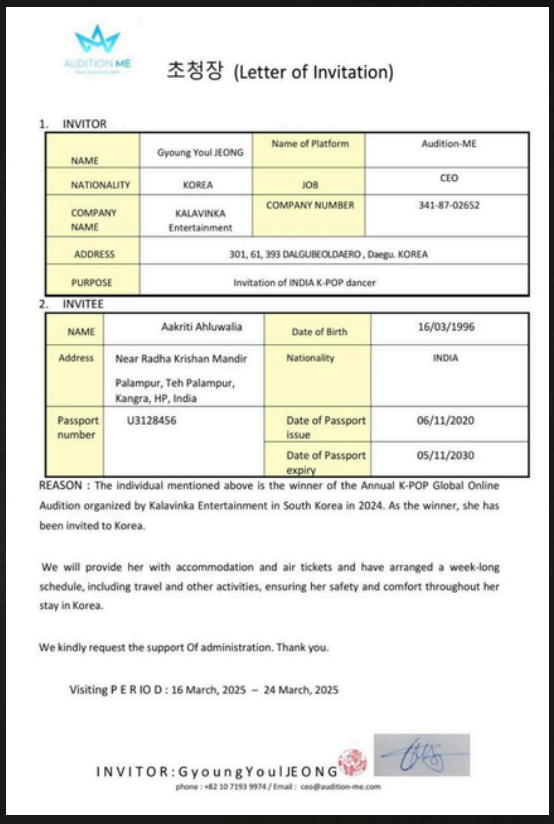


PASSION. PERFORMANCE. PURPOSE.

From the dance floor to the global stage, where rhythm meets resilience and dreams take the lead.

DR. AAKRITI

POSTGRADUATE STUDENT
HIMACHAL DENTAL COLLEGE



AUDITION ME

초청장 (Letter of Invitation)

1. INVITOR

NAME	Gyoung Youl JEONG	Name of Platform	Audition-ME
NATIONALITY	KOREA	JOB	CEO
COMPANY NAME	KALAVINKA Entertainment	COMPANY NUMBER	341-87-02652
ADDRESS	301, 61, 393 DALGUBEOLDAERO , Daegu. KOREA		
PURPOSE	Invitation of INDIA K-POP dancer		

2. INVITEE

NAME	Aakriti Ahluwalia	Date of Birth	16/03/1996
Address	Near Radha Krishan Mandir Palampur, Teh Palampur, Kangra, HP, India	Nationality	INDIA
Passport number	U3128456	Date of Passport issue	06/11/2020
		Date of Passport expiry	05/11/2030

REASON : The individual mentioned above is the winner of the Annual K-POP Global Online Audition organized by Kalavinka Entertainment in South Korea in 2024. As the winner, she has been invited to Korea.

We will provide her with accommodation and air tickets and have arranged a week-long schedule, including travel and other activities, ensuring her safety and comfort throughout her stay in Korea.

We kindly request the support Of administration. Thank you.

Visiting P E R IO D : 16 March, 2025 – 24 March, 2025

INVITOR : GyoungYoulJEONG

phone : +82 10 7193 9974 / Email : ceo@audition-me.com

"K-POP IS MORE THAN MOVES—IT'S A LANGUAGE THAT CONNECTS HEARTS BEYOND BORDERS."

BEYOND ACADEMICS, SHE SECURED 1ST POSITION IN INDIA IN AN INTERNATIONAL K-POP COMPETITION, EARNING A WEEK-LONG TRIP TO SOUTH KOREA AND AN AUDITION OPPORTUNITY WITH LEADING K-POP COMPANIES.



OBITUARY

DR. N. RAJEEVA SHETTY

Former Principal
Government Dental College and Research Institute, Bengaluru
Former Director of Medical Education, Karnataka

Dr N. Rajeeva Shetty is remembered as a beloved teacher with profound respect and affection by many of his students.

He was Professor and Head of Conservative Dentistry and Endodontics, Government Dental College, Bangalore. He became the Dean and Director of GDC in 1979, and later became the first Dentist in 1988 to serve as Director of Medical Education, Karnataka. He is well known as Father of Conservative Dentistry in Karnataka. In addition to his MDS qualification, the WHO in 1973 sent him abroad to pursue a Fellowship Certificate Course in Endodontics and Pedodontics from the University of Pennsylvania, USA. He had exemplary clinical skills and was renowned for his Cast Gold Restorations. He introduced Surgical Endodontics in the state of Karnataka and also helped in shaping guidelines for managing and treating traumatic injuries to the teeth.

He was an excellent teacher and mentor. He was also compassionate toward economically disadvantaged students. During the course of his distinguished career he held positions in Academic and Professional bodies. He was president of FODI (Federation operative Doctors of India) and was honoured for his excellent service in 1992.

He has represented our country at the International Congress for Handicapped in Stockholm, Sweden and was the WHO representative in the Regional Meet of Chief Dental Officers at Chiang Mai, Thailand. He represented India at the Asia-Pacific Congress of Dentistry in New Delhi.

During the course of his illustrious career Dr Rajeeva Shetty was conferred with many honours and Awards. Notable among them was the prestigious Rajyothsava Award by the Government of Karnataka in 2005, the Doctor of Science (D.Sc.) from the Rajiv Gandhi University of Health Sciences in 2015, and the Highest Medal of Honour by the Indian Endodontic Society in 2025.

Although he retired from the Government Services in 1991, his passion for Dentistry never diminished. He continued his clinical practice well into his eighties serving patients with the same dedication and commitment that defined his career.

THOUGH HE IS NOT PHYSICALLY PRESENT WITH US NOW, HIS LIFE AND WORK WILL CONTINUE TO INSPIRE MANY OF US. THANK YOU,DEAR SIR, FOR COMING INTO OUR LIVES AND SHAPING US INTO BETTER PROFESSIONALS AND HUMAN BEINGS, AND LEAVING BEHIND A LEGACY THAT WILL NEVER FADE.

OBITUARY

IN MEMORIAM



Dr C.V. Subbarao

07.02.1941 – 14.07.2026

We deeply mourn the passing of Professor Dr. C.V. Subbarao, a distinguished clinician and revered mentor.

Dr. Subbarao graduated in the historic first batch of the M.D.S. program from Dental Wing of Madras Medical College under Madras University in 1974. He served the Government of Tamil Nadu with for thirty years, retiring as Professor and Senior Civil Surgeon at the TN Government Dental College and Hospital, Chennai.

Recognising his aptitudes, the Government of Tamil Nadu deputed him to undergo specialized training programs across domains, including: Root Canal Therapy, Forensic Odontology, Teachers' Training for Health Professionals and Administrative Training for Medical Professionals to name a few.

Later he served as Professor and Head of the Department at Saveetha Dental College, Chennai. and maintained his private practice too.

Throughout his career, he held vital regulatory and academic roles, serving as an Inspector for the Dental Council of India (DCI) and TNPSC examinations, President of the Indian Society for Dental Research, President of the Indian Association of Forensic Odontology, offices in the IDA (Madras Branch) and IACDE. His scholarly work includes numerous international publications, textbooks chapters, and guest lectures in national and international conferences.

In recognition of his exemplary career, Dr. Subbarao received the "Unblemished Service" award from the Government of Tamil Nadu. He received Lifetime Achievement Awards from the Indian Medical Association (IMA), The Tamil Nadu Dr. M.G.R. Medical University, the CEAT, and the IACDE.

Dr Subbarao is renowned for his humility, sharp wit, and approachable demeanour with his students, colleagues and friends and at the same time he maintained the boundaries essential for academic discipline and mutual respect. All his students, colleagues and friends he had during his lifetime will cherish the pleasant memories they had with him.

May his Soul Rest in Peace.

Om Shanthi.



OBITUARY

DR. PRATAYEE BASU

BDS (GNIDSR, Kolkata) | MDS (IDS, Bhubaneswar) | Senior Lecturer | IACDE Member

It is with profound grief and heavy hearts that the IACDE family mourns the untimely passing of Dr. Pratayee Basu — a beloved colleague, a gifted educator, and a spirit too luminous for this world to hold for long.

True to her dedication, she returned to her alma mater as Senior Lecturer, where she was on the verge of completing four years of service — years marked by warmth, excellence, and an infectious enthusiasm for dentistry and teaching alike.

An active and valued member of the IACDE, Dr. Basu embodied everything this community stands for: academic rigor, professional commitment, and a genuine love for her students and peers. Her laughter echoed through the corridors. Her dependable ability was a quiet anchor for all who worked alongside her.

On what seemed an ordinary bright sunny day, a falling branch of a Gulmohar tree just outside her residence inflictjured injuries of devastating severity. It is the kind of cruelty that defies comprehension and leaves us wrestling with questions for which no answer exists. When someone so young, so full of promise, is taken from us, grief arrives not just as sorrow but as disbelief. We are left asking why — and the silence is deafening.

The tragedy is made even more heartbreaking by the fact that Dr. Pratayee Basu was the only daughter of her parents, whose immeasurable loss is beyond words. As a cherished daughter, colleague, teacher, and friend, she touched countless lives with her kindness, dedication, and gentle spirit.

Yet even in mourning, we choose remembrance over despair. We give thanks that she existed — that her smile lit up a room, that her hands shaped young dental minds, and that, for a time, she was ours.

CONS - ENDO DAY CELEBRATIONS

March 5, 2026





RANJEET DESHMUKH DENTAL COLLEGE & RESEARCH CENTRE, NAGPUR

ACKNOWLEDGEMENTS



Dr Paromita
Obituary
- Dr Pratayee Basu



Dr Meena Naganath
Obituary
- Dr N Rajeeva Shetty



Dr S Balagopal
Obituary
- Dr CV Subbarao



Dr. Tajdeep Kaur,
PG,
SGRDIDSR, Amritsar



Dr. Sushant Gupta,
PG,
SGRDIDSR, Amritsar



Dr. Ravsehaj Kaur,
PG,
SGRDIDSR, Amritsar

The Editorial Team expresses its sincere appreciation to the following contributors for their support in preparation of layout & designing.

Winner
COVER PAGE
CONTEST



DR. R. ADISREE

SRM KATTANKULATHUR DENTAL COLLEGE AND HOSPITAL, CHENNAI

The artwork is inspired by the idea that every natural tooth holds value worth preserving. The design integrates symbolic elements of restoration, endodontic precision, and conservation to portray the core principles of conservative dentistry and endodontics. Flowing forms and structured details reflect the seamless blend of science, artistry, and innovation practiced in modern dentistry. This concept highlights the IACDE as the pinnacle of restorative excellence, committed to advancing knowledge, preserving natural dentition, and inspiring clinicians toward precision-driven and patient-centered care.

thank you.

Contact Us:
newsletter@iacde.in
www.iacde.in

"INDIA, IACDE AND ME"
MY JOURNEY IN THE COUNTRY OF SMILES

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